From The Health Commissioner

At Public Health - Dayton & Montgomery County, our mission is to lead and innovate by working with the community to achieve the goals of public health: prevention, promotion, and protection.

It is in that spirit that we invite you to discover the many programs and services that we offer. All of our presentations are free and can be tailored to meet the specific needs of your business, group, or organization. We are here to serve you and we look forward to partnering with you to improve the health of our community. For more information or to schedule a presentation, call 225-5700.

Jim Gross, MPH, Montgomery County Health Commissioner
# CONTENTS

**About Public Health | 4**
- Community Transformation Grant ..........4
- Funding for Local Public Health - Human Services Levy ........................................4
- Overview of Services from Public Health - Dayton & Montgomery County ..................4

**Environmental Health & Safety | 5-6**
- Air Pollution Control ................................5
- Asbestos .............................................5
- Bed Bugs .............................................5
- Childhood Lead Paint Poisoning Prevention ..................................................5
- Emergency Preparedness .........................5
- Food Protection .......................................5
- Indoor Air Quality ...................................5
- Mosquito-borne Diseases .........................5
- Plumbing Inspection ................................5
- Protecting Our Drinking Water .................6
- Rabies Control .......................................6
- Radon in the Home ..................................6
- Safe Food Handling ................................6
- School Building Environments ................6
- Smoking Ban Enforcement .......................6
- Swimming Pool Rules and Water Chemistry ..................................6
- Water and Sewage Programs .....................6

**Health Promotion & Disease Prevention | 7-11**
- Childhood Obesity
  GetUp Montgomery County .......................7
- Children with Special Healthcare Needs (BCMH) ...........................................7
- Common Chronic Illnesses (Congestive Heart Failure, COPD, Diabetes Mellitus) ........7
- Communicable Disease Reporting ............7
- Community Child Health Centers .............7
- Community Health Outreach .....................8
- Creating Healthy Communities .................8
- Diabetes Management and Prevention ......8
- Healthy Lifestyles ..................................8
- Healthy Mommy - Healthy Baby .................8
- HIV and AIDS Programs ..........................9
- Immunizations .....................................9
- Lactation and Breastfeeding ....................9
- Lupus Education and Management ..........9
- Public Health Disparities
  Dayton Council on Health Equity .............10
- Recovery - Helping People with Alcohol and Drug Problems ..........................10
- Safe Baby Sleep and SIDS Program ..........10
- School Health
  The Licensed School Nurse .......................10
- Sexually Transmitted Diseases (STDs) ......10
- Smoking .............................................11
- Tuberculosis (TB) .................................11
- Violence Prevention ...............................11
- Women, Infants, and Children
  Nutrition Program (WIC) .........................11
- Women’s Health and Prenatal Services ....11
About Public Health

◆ **Community Transformation Grant**
   Learn about what Public Health is doing to promote active living, healthy eating and tobacco-free living. This program focuses on preventing chronic diseases such as heart disease, cancer, stroke and diabetes through policy and environmental changes.

◆ **Funding for Local Public Health - Human Services Levy**
   Learn how Public Health services are funded, and the important role of the Human Services Levy.

◆ **Overview of Services from Public Health - Dayton & Montgomery County**
   Learn how Public Health serves the residents of Montgomery County.
- **Air Pollution Control**
  Learn about air pollutants, their sources, health effects, and how they are monitored and controlled.

- **Asbestos**
  An overview of asbestos, health effects, and regulations for demolition and renovation projects.

- **Bed Bugs**
  Learn how to identify bed bugs and how to get rid of them.

- **Childhood Lead Paint Poisoning Prevention**
  Learn how lead poisoning affects children and what you can do to remove the risk for your child.

- **Emergency Preparedness**
  An overview of Public Health’s emergency response plans for bioterrorism, outbreaks of infectious diseases, and other public health threats and emergencies.

- **Food Protection**
  Sanitarians explain what type of food facilities are inspected and highlight the areas that are inspected for food safety.

- **Indoor Air Quality**
  Learn how to improve indoor air quality at home, work and school.

- **Mosquito-borne Diseases**
  Learn what Public Health does to protect the public from disease-causing mosquitoes and what you can do to help control them.

- **Plumbing Inspection**
  Learn how our plumbing inspectors review plans for plumbing installations and inspect plumbing to ensure safety and compliance with health codes.
Protecting Our Drinking Water
Learn about Public Health’s Well Field Protection Program and how it safeguards the City of Dayton’s drinking water supply.

Rabies Control
Learn about Public Health’s Rabies Control Program including the rabies virus in wild and domestic animals and the risk to human health.

Radon in the Home
Radon is the second leading cause of lung cancer! Learn how to test your home, and how to remove high levels.

Safe Food Handling
Sanitarians explain the basic food-safety concepts that are required of a person-in-charge at a restaurant or grocery.

School Building Environments
The school building inspection procedure is designed to provide a safe environment for children and all building occupants.

Smoking Ban Enforcement
An overview of Ohio’s smoking ban and enforcement procedure.

Swimming Pool Rules and Water Chemistry
An overview of Ohio’s swimming pool rules and basic water chemistry directed toward the new pool operator.

Water and Sewage Programs
Learn about Public Health’s role in inspecting private wells, septic systems, and safeguarding the area’s drinking water supply.
◆ **Childhood Obesity and GetUp Montgomery County**

Learn about childhood obesity, 5-2-1-Almost None, and this community-wide, healthy lifestyles initiative for children and families.

◆ **Children with Special Healthcare Needs (BCMH)**

Learn how nurses provide case management and service coordination for families with children who have special health care needs. Learn how nurses help families with the BCMH application and renewal process, assess family needs, teach about conditions and make referrals to health care providers and community resources.

◆ **Common Chronic Illnesses (Congestive Heart Failure, COPD, Diabetes Mellitus)**

An overview of common chronic diseases, medications and diets prescribed for treatment, and the signs and symptoms of complications to be reported to the physician.

◆ **Communicable Disease Reporting**

Learn the ABC’s of reporting, recent updates and changes in reporting policies, current concerns (i.e., Pandemic flu, CA-MRSA), disease specific information, disease investigation, contact tracing, and reporting law.

◆ **Community Child Health Centers**

Learn about our community-based health centers that provide comprehensive pediatric health services to Montgomery County families with children from infancy to late teens. The program serves children who are in families that have low household income, are uninsured, or have difficulty finding affordable health services.
◆ Community Health Outreach
Learn how we promote healthy behaviors for adults and children. Topics for children include dental care, proper hygiene, hand washing, nutrition, the importance of physical activity, self-esteem, and head lice. Topics for adults include hypertension, diabetes, cholesterol, congestive heart disease, osteoporosis, head lice, and pandemic flu preparation.

◆ Creating Healthy Communities
Learn how Public Health is helping those in Dayton adopt healthy lifestyles. Areas of concern include obesity, nutrition, physical activity and tobacco.

◆ Diabetes Management and Prevention
Type 2 diabetes is preventable! Learn about health and nutrition classes for Montgomery County residents who are either diabetic, or are at risk of developing diabetes.

◆ Healthy Lifestyles
Learn how lifestyle choices can make a difference in the quality and length of life.

◆ Healthy Mommy - Healthy Baby
Learn about the program that works to reduce infant deaths in Montgomery County by helping high-risk, low-income, pregnant African-American women who do not have adequate insurance.
◆ HIV and AIDS Programs

Learn about HIV and AIDS, signs and symptoms, along with prevention and treatment. Learn how our programs offer free HIV and AIDS education, plus counseling and testing for all citizens. Also, learn how we provide prevention and intervention services to active substance abusers and assist clients in accessing drug treatment services.

◆ Immunizations

Learn about general immunizations, vaccine recommendations for different populations, the importance of timely immunizations, vaccine safety, travel immunizations, and best practices for immunization providers. We also offer a continuing education program to providers to enhance their office practice. Topics include vaccine storage and handling, immunization and school law, information about Vaccines For Children (VFC) Program and Impact SIIS (state immunization registry).

◆ Lactation and Breastfeeding

Learn about benefits and techniques for both infants and mothers. Presentations are tailored to meet specific requests.

◆ Lupus Education and Management

Learn about lupus, including coping with day-to-day issues. Also learn how to support lupus patients and their families.
◆ Public Health Disparities
Dayton Council on Health Equity

Learn how we work to eliminate health disparities, educate the community, empower minorities to improve their health, build community partnerships, and develop policies and plans that support individual and community health efforts. Target groups include African-Americans, Asians, Latinos, and Native Americans.

◆ Recovery - Helping People with Alcohol and Drug Problems

Learn how we help individuals prevent the development of alcohol and drug abuse. Licensed counselors provide treatment to adults and offer counseling to patients and their families so those with alcohol and drug problems can learn to manage a lifestyle of recovery.

◆ Safe Baby Sleep and SIDS Program

Learn about Public Health’s infant safety program and ways to reduce the risk of Sudden Infant Death Syndrome (SIDS).

◆ School Health
The Licensed School Nurse

Learn about our nursing services to schools that contract with Public Health.

◆ Sexually Transmitted Diseases (STDs)

Learn about the signs, symptoms and transmission of STDs along with risk factors, prevention practices, infection control measures, and treatment.
◆ **Smoking**
Learn about the dangers of smoking and how to stop. Topics also include how tobacco is related to many other health issues.

◆ **Tuberculosis (TB)**
Learn about the signs, symptoms, development and spread of TB. Additional topics include risk factors, infection control measures, screening and evaluation, treatment, reporting guidelines, and contact tracing.

◆ **Violence Prevention**
Stop the Violence! Learn how to settle conflicts peacefully.

◆ **Women, Infants, and Children Nutrition Program (WIC)**
Learn about general nutrition, pregnancy nutrition, and infant, toddler and preschool-age child nutrition. Presentations are tailored to meet specific requests.

◆ **Women’s Health and Prenatal Services**
Learn how women can lead healthier lives. Also understand how being a healthy woman increases the chances of having healthy children. Topics include health care access, preconception care, prenatal care, family planning methods, avoiding STDs, health screenings, and nutrition counseling.