



NASP Self-Report Tally Sheet

This sheet is to be used for organizations who are **not** conducting weigh-ins/outs for their organization. Each participant will complete this sheet and submit to their organization contact

Name:	
Organization:	
Weigh-in: _____ lbs.	Date:
Weigh-out: _____ lbs.	Date:

at the end of the challenge.

Weigh-in between November 14, 2016 and November 18, 2016.

Weigh-out between January 17, 2016 and January 20, 2017.