



Public Health
Prevent. Promote. Protect.
Dayton & Montgomery County



Monthly Update

October 2020

Our Mission: To improve the quality of life in our community by achieving the goals of public health: prevention, promotion and protection.



Coronavirus Disease 2019 (COVID-19) Update

Public Health along with the Ohio Department of Health (ODH) and the Centers for Disease Control and Prevention (CDC), are closely monitoring and responding to the COVID-19 (coronavirus) global pandemic.

As of October 6, 2020, the United States reported **7,458,982** cases with **210,196** deaths. Ohio reported **158,907** cases with **4,925** deaths. Montgomery County reported **8,417** cases with **181** deaths.

For the latest U.S. case count, [visit the CDC's website](#).

For the latest Ohio and Montgomery County case counts, [visit the ODH Coronavirus website](#).

Current Updates

- The Public Health message remains the same:
 - Wear a cloth face mask
 - Maintain social distancing
 - Practice hand hygiene
 - Clean and disinfect surfaces
 - Self-monitor for symptoms and stay home when sick
- Globally the world now has over 35 million cases and one million deaths from COVID-19.
- Public Health is participating in weekly meetings with the ODH on mass vaccination planning.
- Governor DeWine recommended that all residential colleges and universities regularly test a sample population of asymptomatic students.
- Public Health has shared a Montgomery County K-12 Schools Reopening Framework with all schools.
- Two new orders will allow for indoor visitation at nursing homes, assisted living facilities, and intermediate care facilities.

- The next Public Health pop-up testing will be held on October 19 from noon to 5 PM at the Montgomery County Fairgrounds.
- Public Health will be providing flu shots and COVID-19 testing to underserved locations on the following dates:
 - St. Paul - October 6 from 10:30 a.m. to 1:30 p.m.
 - Gateway Men's Shelter - October 13 from 10:00 a.m. to 2:00 p.m.
- The pop-up site at Bethesda Temple last week tested 257 individuals with 10 positives (3.9%).
- The Ohio Public Health Advisory System lists Montgomery County and ten other counties as Risk Level 3 (Red).
- Travel advisory issued: Individuals traveling to Ohio from 7 states are urged to self-quarantine for 14 days. These include Idaho, South Dakota, Iowa, Kansas, Wisconsin, Missouri and Mississippi. The link for the travel advisory is: <https://coronavirus.ohio.gov/wps/portal/gov/covid-19/families-and-individuals/COVID-19-Travel-Advisory/COVID-19-Travel-Advisory>
- Currently the county drop-site has an adequate amount of PPE. Requests for PPE can be made through the following link: <https://surveys.phdmc.org/s3/COVID-19-EOC-Resource-Request>.
- Public Health continues to meet weekly with local colleges and universities.
- The Public Health COVID-19 informational phone line remains open Monday through Friday to answer general questions. The info line is 937-225-6217.
- ODH information line remains open, the number is 1-833-4-ASK-ODH and is open seven days a week.
- Public Health will continue to share a situational report with other local health departments, Montgomery County Emergency Management, Greater Dayton Area Hospital Association and Dayton Metropolitan Medical Response System partners.

The hours for the Public Health Clinic have changed due to COVID-19. Call 937-225-4550 to schedule an appointment. The Clinic provides specialty services for Sexually Transmitted Diseases (STD), Tuberculosis (TB), and Refugee Health and is located in the Reibold Building at 117 S. Main St. in Dayton. This change will be in effect until further notice.

As a reminder, Public Health's specialty clinics are limited to those services and **cannot provide COVID-19 diagnosis, testing, or treatment. If you have been tested for COVID-19, contact your physician to obtain the results.**

Epidemiology Syndromic Surveillance Summary:

Below are links to both the CDC and WHO regarding the latest information.

- <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/situation-reports>



October is Sudden Infant Death Syndrome Awareness Month

To help raise awareness about safe infant sleep during Sudden Infant Death Syndrome (SIDS) Awareness Month in October, Public Health invites you to participate in a fun and friendly photo activity called #SafeSleepSnap. Parents, grandparents, aunts, uncles—anyone can participate by sharing a photo of a baby in a safe sleep area on their social media accounts. Make sure you use the hashtag #SafeSleepSnap so everyone can see the adorable pictures of babies in safe sleep areas.

(Not sure what a safe sleep area looks like? Check out [this page](#) for details.)

Here are the specifics:

1. Post a photo of your baby, grandbaby, niece, or nephew in or next to a safe sleep area on your social media accounts (Facebook, Twitter, and Instagram).
2. Use the hashtag #SafeSleepSnap in the post. This is how we'll know you participated!
3. Give yourself kudos for taking part in #SafeSleepSnap and helping raise awareness about safe infant sleep.

We will also be posting #SafeSleepSnap photos on our accounts throughout October. Please like the photos, retweet them, and share them with your friends and followers. We look forward to seeing your #SafeSleepSnap!

Safe Sleep Ambassador Training

Too many babies die in unsafe sleep environments, and many of these deaths are preventable. Make a Difference, Be a Safe Sleep Ambassador. Public Health provides free monthly training and education on infant safe sleep.

[To register visit Eventbrite.com.](#)



Montgomery County Food Summit

The Montgomery County Food Equity Coalition invites you to join us for the 10th annual Montgomery County Virtual Food Summit on Friday, October 16 from 9:00 a.m. to 11:30 a.m. via Zoom.

Agenda highlights include; an update on the Food Equity Plan, a review of new SNAP policies, an introduction to the Foodbank Compost System, the status of Retail Grocers and changes in the Farm Supply. [To register visit Eventbrite.com.](#)



Diabetes Self-Management Education Program Online Classes

Public Health's Diabetes Self – Management Education Program provides online classes for persons 18 or older, who are living with Type 2 diabetes with the tools they need to control their diabetes. This program is certified by the American Diabetes Association and facilitated by a Registered Dietitian. The classes will teach participants how to monitor and manage their disease,

through healthy eating and meal planning, control cholesterol levels, and implement effective and sensible weight loss strategies.

Class Details: 8-weeks; one-hour sessions held virtually via Zoom on Tuesdays, Wednesdays (SPANISH ONLY), and Thursdays.

For more information call 937-224-3766 or email dsmeclasses@phdmc.org. To register visit <https://www.phdmc.org/events/DSME/>.



Tobacco Cessation Program

Public Health's [Tobacco Cessation Program](#) provides free help for you to quit using tobacco. The program follows the adaptation of the 8-week LIFT (Living Independent From Tobacco) Program. Each week will focus on a different topic aimed to help the participant make behavior changes and be successful with their quit. The last two sessions are designed to give participants additional weeks of support. Interested individuals will have the choice of joining the cessation program telephonically or virtually; however, they will not be able to move between the two modalities. A free 30-day supply of nicotine replacement therapy (nicotine patches, gum, or lozenges) will be provided upon request.

For more information on the cessation program and how to register call 937-496-3090 or email cessation@phdmc.org.



RAPCA Virtual Compliance Assessments

Public Health's Regional Air Pollution Control Agency ([RAPCA](#)) recently began conducting virtual facility inspections and emissions testing to assess compliance. As part of our grant commitments to U.S. EPA and Ohio EPA, RAPCA is required to complete on-site compliance assessments for emissions testing and inspections on certain frequencies depending on the risk level of the facility. The higher the risk, the more frequent the on-site assessments.

Due to the COVID-19 public health emergency, U.S. EPA and Ohio EPA approved the use of virtual inspections and emissions testing as a compliance assessment tool in lieu of in-person site visits. The virtual inspections take place using web-based platforms such as Skype, Zoom or Microsoft Teams. Following established protocols, RAPCA holds a pre-meeting to make sure the facility understands the expectations of the inspection or test, has a device with audio and video capabilities, and has a reliable internet connection while in various areas of the facility.

On the agreed upon date and time, the facility contact uses a smartphone or tablet and walks through the facility to show the inspector each of the permitted processes in operation, production logs, control panels, and materials being used. The inspector will record information just as they would

if they were there in person. Overall, the virtual site visits have proven to be a useful tool to assess compliance and will continue to be used into the future.



Free COVID-19 Testing Day

Public Health will be hosting free COVID-19 testing for the community on Monday, October 19 from 12 p.m. to 5 p.m. at the Montgomery County Fairgrounds, 645 Infirmary Road in Dayton. No appointment or doctor's recommendation required. Please wear a mask. We have also updated the format to make it a drive-through, which allows people to remain in their vehicles. For more information call 937-225-5700 or visit phdmc.org.



Community Mask Distribution Dates

Public Health will be supplying free surgical face masks to the public (while supplies last) on the following dates:

- Kleptz YMCA
 - 1200 W. National Rd., Englewood, OH 45315
 - October 9, 12:00 p.m. - 2:00 p.m.
- West Carrollton YMCA
 - 900 S. Alex Road, West Carrollton, OH 45449
 - October 16, 2:00 p.m. - 4:00 p.m.
- New Fellowship Missionary Baptist Church
 - 2915 McCall Street, Dayton, OH 45417
 - October 18, 1:00 p.m. - 3:00 p.m.
- Downtown YMCA
 - 316 N. Wilkinson Street, Dayton, OH 45402
 - October 27, 12:00 p.m. - 2:00 p.m.
- Mask & Treat (Charles R. Drew Health Center – Drive-Thru Event)
 - 1323 W Third St, Dayton, OH 45402
 - October 29, 4:00 p.m. - 6:00 p.m.

For more information call 937-225-5700 or visit phdmc.org.



National Prescription Drug Take Back Day

The National Prescription Drug Take Back Day on Saturday, October 24 from 10:00 a.m. - 2:00 p.m., addresses a crucial public safety and public health issue. According to the 2018 National Survey on Drug Use and Health, **9.9 million Americans misused controlled prescription drugs**. The study shows that a majority of abused prescription drugs were obtained from family and friends, often from the home medicine cabinet.

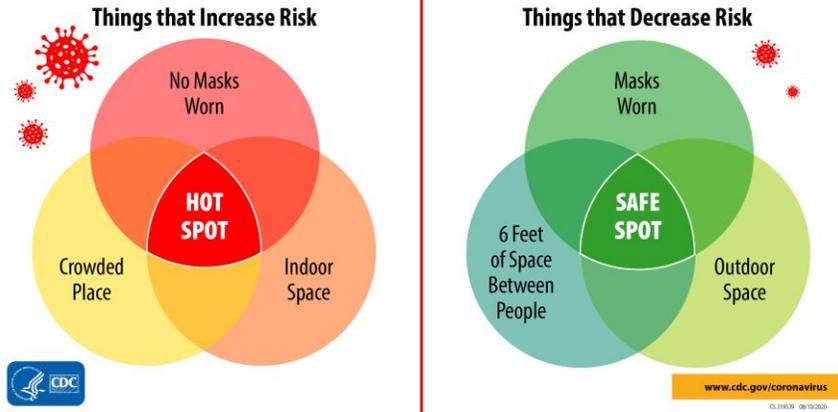
The DEA's Take Back Day events provide an opportunity for Americans to prevent drug addiction and overdose deaths. Follow the link to search for the location nearest you: <https://takebackday.dea.gov/>



Media Opportunities:

- 9/1/2020 – WDTN, WHIO, and Dayton 24/7 Now - COVID-19 Pop-up Testing
- 9/1/2020 - DDN - COVID-19 911 Calls
- 9/1/2020 - Dayton 24/7 Now - COVID-19 University of Dayton
- 9/1/2020 – WDTN and DDN - COVID-19 School Reporting
- 9/1/2020 - WYSO - COVID-19 Jail
- 9/1/2020 - WHIO - COVID-19 School Reporting
- 9/2/2020 - WHIO - COVID-19 Dine Safe Ohio
- 9/2/2020 - DDN – Legionnaires’ Disease
- 9/3/2020 - DDN - COVID-19 University of Dayton
- 9/3/2020 - WDTN - COVID-19 Holiday Warning
- 9/8/2020 - WDTN - COVID-19 UD Cases
- 9/8/2020 - DATV - COVID-19 University of Dayton
- 9/8/2020 – WDTN and DDN - COVID-19 High School Football
- 9/9/2020 – WHIO and Flyer News - COVID-19 Enforcement
- 9/10/2020 - WDTN - COVID-19 Risk Level
- 9/10/2020 - WDTN - COVID-19 Testing of Children
- 9/11/2020 - WHIO - Air Quality
- 9/11/2020 – WDTN, Mix 107.7, and WROU - LGBTQ Youth Summit
- 9/17/2020 - WHIO - COVID-19 Halloween
- 9/17/2020 - DDN - COVID-19 Schools
- 9/18/2020 - DDN - COVID-19 Trump Visit
- 9/18/2020 - WDTN - COVID-19 Halloween
- 9/22/2020 – WHIO and WDTN - COVID-19 Testing
- 9/23/2020 - WHIO - COVID-19 Halloween
- 9/23/2020 - The Buckeye Flame - LGBTQ Youth Summit
- 9/25/2020 - DDN - COVID-19 Halloween
- 9/29/2020 - DDN - COVID-19 High School
- 9/29/2020 - WHIO - COVID-19 Wastewater
- 9/30/2020 - Spectrum News - COVID-19 Hospitalizations
- 9/30/2020 - WDTN - COVID-19 Schools

Tips for Reducing Risk of Getting COVID-19



For answers to your COVID-19 questions, call Public Health at 1-937-225-6217 or the Ohio Department of Health at 1-833-4-ASK-ODH (1-833-427-5634).

Submitted by:

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