PHI Public Health Importance:

Receiving regular, preventive care is important to managing and maintaining an individual’s health. By visiting a health care provider for check-ups and by receiving routine tests and exams, there is a better chance that an illness or disease will be detected early. While it is more likely to delay or go without dental care rather than medical care, it is equally important to have good oral health as it is vital to a person’s overall health.

8% of the population is uninsured, compared to 12% in 2013. 14% of the population 19 to 25 years of age are uninsured.

**KEY FINDING**

- Adults who earn between $15,000 and $34,999 are most likely to be unable to see a doctor due to cost.

<table>
<thead>
<tr>
<th>Across the Nation</th>
<th>Montgomery</th>
<th>Ohio</th>
<th>United States</th>
<th>HP 2020 Goal</th>
</tr>
</thead>
<tbody>
<tr>
<td>Uninsured&lt;sup&gt;1&lt;/sup&gt;</td>
<td>8.0%</td>
<td>7.4%</td>
<td>8.7%</td>
<td>0%</td>
</tr>
<tr>
<td>Could Not See a Doctor Because of Cost&lt;sup&gt;2&lt;/sup&gt;</td>
<td>10.6%</td>
<td>11.0%</td>
<td>13.3%</td>
<td>-</td>
</tr>
</tbody>
</table>

<sup>1</sup>American Community Survey, U.S. Census, 2017
<sup>2</sup>Behavioral Risk Factor Surveillance System (BRFSS), 2016-2017

**Uninsured Montgomery County, 2017**

- Montgomery, 2017: 8.0%
- Montgomery, 2013: 12.3%
- Under 19 Years: 4.1%
- 19-25 years: 14.4%
- 65+ years: 0.3%
- Employed: 10.0%
- Unemployed: 30.7%

Source: American Community Survey, U.S. Census Bureau

**Across the Nation**

- Health Care Providers per 100,000:
  - Primary Care: 8.0
  - Internal Medicine: 92.9
  - Family Practice: 46.9
  - Pediatricians: 37.0
  - OB/GYN: 80.9
  - Psychiatrists: 83.9

- Dentists per 100,000:
  - Montgomery: 43.2
  - Ohio: 48.2
  - United States: 56.2

- Dentists Accepting Medicaid:
  - Montgomery: 15.8<sup>2</sup>
  - Ohio: 18.2<sup>2</sup>
  - United States: 21.1<sup>2</sup>

<sup>1</sup>American Community Survey, U.S. Census, 2017 and Area Health Resources Files, HRSA, 2018
<sup>2</sup>Ohio Department of Medicaid Provider Directory, 2016

**Dental Care at Hospitals**

Dental conditions were the third most common reason for a hospital visit in 2017 (behind hypertension and diabetes). These visits were most common in Blacks, individuals under 18, and those using Medicaid or paying for their own care.

**Dental Issues Among Montgomery County Children**

- 65.4% - History of tooth decay
- 62.2% - One or more sealants
- 15.4% - Toothache in the last 6 months
- 11.1% - Untreated cavities

Hypertension is the top reason for a hospital visit among those with commercial insurance or Medicare.

Dental is the top reason for a hospital visit among those who use Medicaid or self-pay.

**Key Findings**

- Hypertension is the top reason for a hospital visit among those with commercial insurance or Medicare.
- Dental is the top reason for a hospital visit among those who use Medicaid or self-pay.

The ability to receive needed health and dental care can be impacted by race and ethnicity, language, socioeconomic status, age, gender identity, disability, and sexual orientation. These factors can make accessing care difficult due to high out-of-pocket costs, availability of needed specialists in the community, and discrimination and poor cultural competency of health care providers. When access to care is difficult, people are less likely to receive preventive care, delay care for illness or injury, and can end up with unmet health care needs, heavy financial burdens, and preventable hospitalizations.

**Top Reasons for a Hospital Visit, Montgomery County, 2017**

1. Hypertension
2. Diabetes
3. Dental
4. Asthma
5. Major Depressive Disorder
6. Poisoning by Heroin
7. Anxiety
8. Stroke
9. Heart Attack
10. Alcohol Abuse

**Key Finding**

- The top 3 reasons Montgomery County residents visit area hospitals are hypertension, diabetes, and dental conditions.

**Top Reasons for a Hospital Visit by Insurance Type, Montgomery County, 2017**

<table>
<thead>
<tr>
<th>Insurance Type</th>
<th>Commercial</th>
<th>Medicare (Age 65+)</th>
<th>Self-Pay</th>
<th>Medicaid</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hypertension</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Diabetes</td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Depression, Anxiety</td>
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<td></td>
<td></td>
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<tr>
<td>Heroin Poisoning</td>
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<tr>
<td>Dental</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Hypertension</td>
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<tr>
<td>Stroke</td>
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<tr>
<td>Dental</td>
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<tr>
<td>Asthma</td>
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</tr>
</tbody>
</table>

**Key Findings**

- Hypertension and diabetes are 2 of the 3 most common visit reasons for those 65 and older, both men and women, and Blacks, Whites, and Hispanics.
- Asthma, mental health, and dental problems are the top reasons for hospital visits among children.
- Mental health is the top reason for a hospital visit for women, children, and Hispanics.

**Source:** Greater Dayton Area Hospital Association Healthcare Database