



**Public Health**  
Prevent. Promote. Protect.  
Dayton & Montgomery County



# Monthly Update

## February 2020

*Our Mission: To improve the quality of life in our community by achieving the goals of public health: prevention, promotion and protection.*



### Public Health Closely Monitoring Coronavirus Outbreak

Public Health, in coordination with the Ohio Department of Health (ODH) and the Centers for Disease Control and Prevention (CDC) is closely monitoring the 2019 novel (new) coronavirus (2019-nCoV) first identified in Wuhan City, Hubei Province, China.

- The U.S. Department of State has issued a [Level 4 Travel Advisory](#) for China: do not travel to China due to 2019-nCoV.
- As of February 3, 2020, CDC is reporting 11 confirmed 2019-nCoV cases in 5 states: Arizona, California, Illinois, Massachusetts, and Washington. **There are no confirmed cases in Ohio.**
- Public Health is actively working with our healthcare providers to identify any suspected cases of 2019-nCoV and is continuing our infectious disease surveillance, prevention, and control activities.
- Patients presenting to healthcare facilities should be assessed for exposures associated with risk of 2019-nCoV infection (e.g., travel to China within 14 days of symptom onset or close contact with a confirmed case within 14 days of symptom onset) and for [symptoms consistent with 2019-nCoV infection](#).
- On January 31, 2020, CDC updated the ["Criteria to Guide Evaluation of Patients Under Investigation \(PUI\)"](#) for 2019-nCoV. This updated guidance is available on the CDC website [here](#).
- For suspected cases of 2019-nCoV, healthcare providers or any individual having knowledge, should **immediately** notify both infection control personnel at their healthcare facility and Public Health.
- On February 3, 2020, CDC released a guidance document for movement restrictions and monitoring, titled, ["Interim US Guidance for Risk Assessment and Public Health Management of Persons with Potential 2019-nCoV Exposure in Travel-associated or Community Settings"](#) available on the CDC website [here](#).

While severe illness and numerous deaths have been reported in China, other patients have had milder illness and been discharged. Symptoms associated with this virus are similar to the flu and have included fever, cough and trouble breathing. The virus is potentially more serious in the elderly and those with weakened immune systems.

CDC has confirmed one case of the virus spreading person-to-person from **close, sustained contact**, between spouses. At this time, the risk of infection to the general public in the United States is low.

Public Health is providing the public with timely and accurate information on our website: [phdmc.org](http://phdmc.org).



### **Aligning for Impact Conference**

Public Health, in partnership with Montgomery County, Alcohol, Drug Addiction and Mental Health Services, and United Way participated in ***Aligning for Impact***, a forum to learn about the importance of equity and how to address the [social determinants of health](#) by using a collective impact approach. This event took place on January 30 at the Sinclair Conference Center in Dayton.

The social determinants of health are the conditions in the places where people live, learn, work, and play that affect a wide range of health risks and outcomes. Factors such as housing, low income, limited access to healthy food, and unsafe neighborhoods are just a few examples of barriers that can negatively impact community health.

The event was designed for professionals working to improve service delivery programs and advance health equity in Montgomery County. Using a collective impact approach allows partners to work together to utilize resources and operate programs more effectively. The goal is a more equitable community with social, economic and physical environments that promote good health for all.

In support of this approach, Public Health's Board of Health has adopted a **Health Equity in All Policies** approach to improve population health, and has issued a call to action to all community stakeholders to incorporate health and equity considerations into decision-making on policies, programs and services.



### Safe Sleep Ambassador Training

Public Health is launching Safe Sleep Ambassador Training to teach caregivers how to prevent sleep-related deaths. These deaths are preventable by following a few key recommendations from the American Academy of Pediatrics. The primary message for parents and others who care for infants is to [Remember the ABCs of Safe Sleep](#). There are three critical measures to follow when it's time for an infant to sleep.

- "A" is for Alone: Always let the baby sleep alone, never in a bed with another person where the baby could be smothered.
- "B" is for on the baby's Back: An infant should be placed to sleep on his or her back, not on his or her side or stomach.
- "C" is for Crib: Always put your child to sleep in a crib with only a firm mattress and tight-fitting sheet.

In addition, the training will focus on other important measures to keep babies safe. The first class is Saturday, February 29 from 10am to noon at Drew Health Center, 1323 W. Third Street in Dayton, Room 800. The training is open to anyone interested in learning more about safe sleep practices. The goal is to train individuals to be ambassadors of safe sleep and to teach others so more infants are protected.

For more information contact Angela Grayson at (937) 496-6831.



### Cape Off - A Self Care Event for the Superwoman

**Take Your Cape Off** is a campaign to remind mothers and women to take your cape off. Women don't have to be a super hero to everyone at all times. It is critical to take care of yourself first to better take care of others.

The EveryOne Reach One Dayton Maternal & Infant Vitality Task Force, Community Engagement Branch is hosting a [Cape Off for the Superwoman](#) event to promote self-care and health resources for women.

The event is February 22, 11am to 2pm at Central State University - Dayton Campus, 840 Germantown Street. This free event will feature yoga demonstrations, door prizes, and information to promote self-care. There will also be conversations around finance management, and more. Come and relax, learn, and take your cape off. For more information call (937) 225-5700.

### Healthcare Equality Index 2019



### Healthcare Equality Index Work Resulting in Positive Changes

During 2019 a team of Public Health employees had been working toward developing an application to submit to the [Healthcare Equality Index \(HEI\)](#). The HEI is a process to assess how well Public Health cares for and affirms LGBTQ patients and employees. There are four main HEI criteria:

- Non-discrimination (patients and employees) and Staff Training
- Patient Services and Support
- Employee Benefits and Policies

- Patient and Community Engagement

The teamwork involved a wide variety of activities including everything from reviewing certain policies and procedures, enhancing our electronic medical records, and hosting LGBTQ focus groups for the Community Health Improvement Plan.

This process helps Public Health to become more inclusive and affirming for all Montgomery County residents. These efforts have already resulted in some positive changes including enhancing our data collection regarding LGBTQ clients and adding domestic partner benefits to Public Health employees sick and bereavement leave. Final results of the HEI process should be made available in late Spring.



### Media Opportunities:

- Dayton 24/7 Now on **Flu** (1/3/20)
- WDTN on **Flu** (1/3/20)
- DDN on **Child Fatality Review** (1/3/20)
- DDN on **Tobacco 21** (1/7/20)
- WHIO on **Flu** (1/7/20)
- DDN on **Hep A** (1/8/20)
- DDN, WHIO, WDTN, Fox 45, and ABC 22 on **NaloxBox** (1/9/20)
- Dayton 24/7 Now on **CarePoint** (1/10/20)
- Dayton 24/7 Now on **Flu** (1/10/20)
- Dayton 24/7 Now on **Vaping** (1/10/20)
- WDTN on **Flu** (1/14/20)
- DATV on **Social Determinants of Health** (1/14/20)
- Dayton 24/7 Now on **Food Plan** (1/14/20)
- Fox 45 on **MLK Day Teen Celebration** (1/20/20)
- DDN on **Coronavirus** (1/22/20)
- WHIO on **Open Burning** (1/22/20)
- WDTN on **Coronavirus** (1/27/20)
- WDTN on **Flu** (1/27/20)
- WDTN on **Align for Impact** (1/30/20)



### Outreach Opportunities:

- Children's Medical Center Health & Wellness Fair** at Children's Medical Center (1/31/20)

**States with Confirmed Cases of novel Coronavirus as of 2/4/20**



*Submitted by:*  
**Jeff Cooper, MS, Health Commissioner**  
**Michael Dohn, MD MSc, Medical Director**