

Our Mission: To improve the quality of life in our community by achieving the goals of public health: prevention, promotion, and protection.



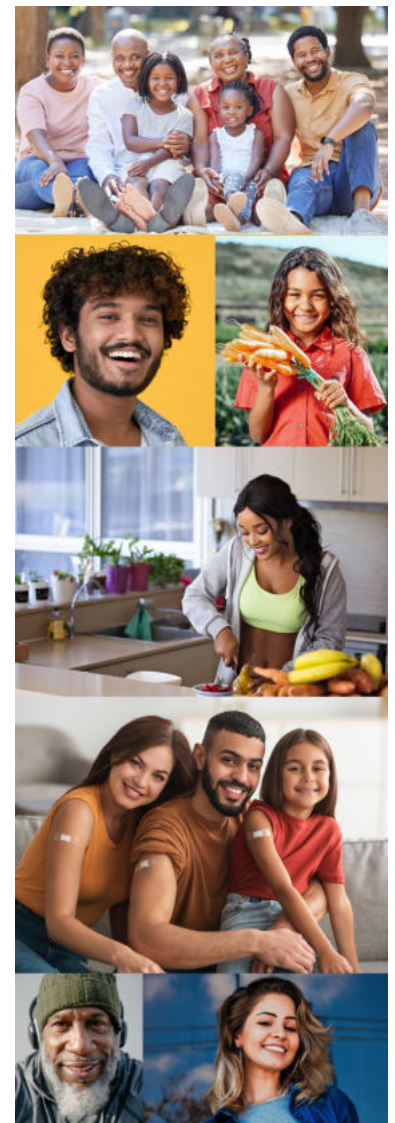
April is Minority Health Month!

Minority Health Month (MHM) is a 30-day health and wellness campaign that was instituted by the Ohio Commission on Minority Health (OCMH) and is now celebrated nationally. This year, the Greater Dayton MHM theme is *Better Health Through Better Understanding*.

This year's theme focuses on improving health outcomes for racial and ethnic minority and AI/AN communities by providing them with culturally and linguistically competent healthcare services, information, and resources. When patients are provided with culturally and linguistically appropriate information, they are empowered to create healthier outcomes for themselves and their communities.

The five goals of Minority Health Month are to:

1. Provide crucial information to allow individuals to practice disease prevention
2. Promote healthy lifestyles
3. Showcase healthcare providers and resources
4. Highlight the unequal health of Ohio's minorities compared to non-minorities
5. Increase ongoing community support to improve minority health



For a list of FREE Minority Health Month events visit <https://bit.ly/42d78xv>



Montgomery County is at a Low Level in the CDC Community COVID-19 Levels Framework

The Centers for Disease Control and Prevention has designated Montgomery County at a Low Level in its [COVID-19 Community Level Framework](#).

When a county is designated at a Low Level in the CDC's framework, the following actions are recommended:

- [Stay up to date](#) on vaccination, including recommended booster doses.
- Maintain [ventilation improvements](#).
- Avoid contact with people who have suspected or confirmed COVID-19.
- Follow recommendations for [isolation](#) if you have suspected or confirmed COVID-19.
- Follow the recommendations for [what to do if you are exposed](#) to someone with COVID-19.
- If you are at high risk of getting very sick, talk with your healthcare provider about additional prevention actions you can take.

Public Health is continuing to provide free COVID-19 vaccinations and test kits in the community. For a complete list of upcoming clinics in the community [click here](#).



All Adults Should Be Screened for HEP B

A new recommendation from the CDC says all adults should be screened at least once in their lifetime for Hepatitis B, an illness that is linked to liver disease and cancer. The CDC estimates 580,000 to 2.4 million people live with Hepatitis B, known as HBV, and two-thirds might not know about their infection. A screening blood test can identify people who are infected with Hepatitis B.

The CDC's previous recommendation was made in 2008 and urged testing for people considered high risk. Now, the agency recommends screening for everyone 18 and older at least once. Hepatitis B spreads through contact with infected blood or bodily fluids, which can occur through sex, injecting drugs, or during pregnancy or delivery.

There is no cure for Hepatitis B, but medical monitoring and treatments can reduce the risk of complications and early death. The best way to prevent Hepatitis B is to get vaccinated. Hepatitis B vaccines are safe, effective, and available for all age groups. Appointments in the [Public Health Immunization Clinic](#) can be scheduled at (937) 225-4550.



National Infant Immunization Week

National Infant Immunization Week (NIIW) is April 24 – 30. Each year, NIIW focuses on the positive impact of vaccination on the lives of infants and

children, and this year it is a priority to ensure that families stay on track for routine checkups and vaccinations following disruptions from COVID-19.

On-time vaccination is critical to help provide protection against potentially life-threatening diseases. During NIIW, Public Health encourages you to remind your loved ones and community members to schedule children's routine well-child visits and vaccinations.

You may find a list of recommended vaccines on Public Health's website at www.phdmc.org.

Vaccinations are available at the [Public Health Clinic](#), located in the Reibold Building, 117 S. Main St., in downtown Dayton. Call **(937) 225-4550** to schedule an appointment.



National Transgender HIV Testing Day

April 18 is the observance of the inaugural [National Transgender HIV Testing Day](#) (NTHTD). This day is designed to recognize the importance of routine HIV testing, status awareness and continued focus on HIV prevention and treatment efforts among transgender and gender non-binary people. The initiative encourages community-based organizations, health jurisdictions and HIV prevention programs to host local transgender HIV testing community events as well as providing culturally responsive HIV services.

In 2022, an estimated 1.6 million people, ages 13 and over, identified as transgender in the United States. Transgender women have 49 times the odds of having HIV compared to the general population. In Ohio, there were 897 new diagnoses of HIV reported in 2020. Of these, three percent (3%), (24) were among transgender persons.

Factors such as transphobia (negative ideas and feelings about transgender people), result in discrimination, limited work opportunities, reduced access to healthcare services, legal barriers, and challenges with mental health. These factors influence behaviors that increase the risk of HIV, including not using condoms for anal (receptive) sex, transactional sex (giving and/or receiving gifts, money, or services in exchange for sex), and sharing needles for hormone injections. The already existing HIV-related stigma, coupled with negative attitudes towards transgender people, continue to create barriers for accessing HIV testing and quality treatment services.

The Ohio HIV/AIDS Prevention Committee (HAPC) of region 9 (Clark, Darke, Greene, Miami, Montgomery, and Preble Counties), is committed to providing culturally responsive HIV services including HIV testing, counseling, PrEP medication, HIV specialty care, trans-health, women's health and more. On this day, the committee is asking everyone to get educated, get tested and get treated!

In recognition of NTHTD, the HAPC is hosting a free HIV testing and resource fair on Saturday, April 15 from 10:00 am - 1:00 pm at the Dayton LGBT Center, 24 N. Jefferson St. #200, Dayton, OH 45402. Call (937) 496-7133 for more information.



STI Awareness Week is April 9 – 15, 2023

STI Awareness Week begins April 9 and is an important opportunity to promote STI prevention and improve sexual health. These infections remain a significant public health concern, but together, we can raise awareness about STIs; ensure people have the needed prevention, testing and treatment tools; and stand up to STI-related stigma, fear, and discrimination.

Research shows that people may not believe they are at risk for sexually transmitted infections (STIs), even if they're engaging in risky behavior. As a result, they don't take steps to keep themselves healthy. Additionally, some report that unplanned sex makes condom use or in-depth conversations about risk "in the moment" unrealistic.

That is why it is important to [Prepare Before You're There](#). Some options include:

- [Talking](#) to your partner(s) about sex, sexual health, and how to keep one another healthy.
- Using [condoms](#) from start to finish when you have sex.
- Asking your healthcare provider what options may be right for you, such as [specific STI](#) tests and [medicine that prevents HIV](#).

In addition, you can [take this brief, interactive quiz](#) to see if you're at risk for an STI.

To find more information about STI testing or to make a confidential appointment to be tested [click here](#) or call (937) 225-4550.



Free "Opening Pools for the Season" Class

Public Health is offering a FREE "Opening Pools for the Season" class, for public pool operators, on Tuesday, April 25, at 9:00am at the Montgomery County Business Solutions Center at 1435 Cincinnati St., Suite #300, Dayton.

Public pool operators will learn topics such as: how to disinfect a pool, testing the pH and alkalinity levels, an overview of pump and filter operation, flow meters, safety tips, and pool signage.

Please call (937) 225-4460 to register. There is a class size limit of 90.



National Prescription Drug Take Back Day is April 22

National Prescription Drug Take Back Day is Saturday, April 22, from 10am to 2pm. The National Prescription Drug Take Back Day offers a safe, convenient, and responsible means of disposing of prescription drugs to help prevent medication misuse and addiction from ever starting. It's a great time to turn in unneeded medication safely and anonymously for disposal. Go to [DEA Take Back Day](#) to find a location near you.



2022 Annual Report

Public Health is proud to release the 2022 Annual Report to the community. In addition to highlighting the agency's many accomplishments, the report focuses on the agency's sustained efforts to protect the public from the spread of COVID-19. Those efforts included hosting numerous vaccination clinics, distributing free test kits, providing community outreach and education, and answering questions from the public through the COVID-19 information line.

The report features a special section dedicated to Public Health's COVID "Response by the Numbers" which highlights total vaccinations, test kits distributed, mobile and outreach clinics, and home visits. The traditional "By the Numbers" section provides a snapshot of the number of people helped by our services including food, pool, RAPCA inspections, birth and death certificates, refugee health screenings, immunizations, TB and WIC clinic visits, and HIV and Hep C tests.

The "2021 Collective Impact Highlights" features the work of local coalitions including the Community Overdose Action Team (COAT), the Food Equity Coalition, the LGBTQ Health Alliance, and EveryOne Reach One – Dayton & Montgomery County Infant Mortality Task Force. Dedicated individuals from these coalitions worked together to implement new and innovative ways to reach and serve our community.

To see and download the complete report, [click here](#).

UPCOMING EVENTS IN APRIL



Think Tank: The Cost of Poverty Experience (COPE)

Monday, April 3, 10, 17, and 24 - 11:00am - 01:30pm

Goodwill Easter Seals (Trotwood) 735 E. Main Street, Trotwood, OH 45426.

Many organizations and communities across the nation use COPE to work more effectively with low-income families. COPE gives participants and volunteers an opportunity to experience poverty firsthand through the eyes of real families. The experiential nature of this training helps organizations and communities more deeply understand the complexities of poverty, paving the way for addressing the issues of poverty more comprehensively. [Register here](#)



Queens Village Dayton 4th Trimester Policy Roundtable

Wednesday, April 12 - 6:00pm - 08:00pm

Omega Baptist Church, 1821 Emerson Avenue, Dayton, OH 45406

Join Queens Village Dayton as we come together to talk about the 4th Trimester and Maternal and Infant Health Policy with an amazing panel! Panelists include Dr. David Dhanraj, Lauren Braswell, DeShae Jackson, Moriah Brown, and two parents from the community.

[Register here](#)



Queens Village Black Maternal and Infant Vitality Podcast Discussion

Friday, April 14 - 6:00pm

Online – Zoom Live Meeting

Join Queens Village Dayton as we discuss the podcast Birthright by Kimberly Seals Allers and discuss joy and healing in Black birth.

[Register here](#)



Queens Village Dayton Black Mamas Field Day and Walk

Saturday, April 15 - Noon - 3:00pm

The Hope Center Soccer Field, 1816 Harvard Boulevard, Dayton, 45406

Rain location: Omega Baptist Church - 1821 Emerson Ave, Dayton, 45406

Please bring your picnic blankets and lawn chairs and relax, repower and rise with Queens Village Dayton as we stand with Black Mamas Matter Alliance!

[Register here](#)



Greater Dayton Minority Health Month 2023 Expo

Wednesday, April 19 - 10:30am - 02:00pm

Dayton Metro Library (Eichelberger Forum), 215 E 3rd Street, Dayton, 45402

Join us as we celebrate Minority Health Month! This FREE event will focus on understanding various health disparities that exist within the minority population in Montgomery County. The EXPO will provide an opportunity to examine cultural differences and the difficulties minorities can experience in their daily lives. The EXPO will feature speakers from different minority groups, health resources available in the community, and light refreshments.

[Register here](#)



Monthly Fatherhood Club

Monday, April 24 - 5:30pm - 7:00pm

Drew Health Center, 1323 W 3rd Street, Dayton, 45402

We are building a community of driven, loving, and supportive fathers. We use this time as an open discussion, hitting on all the big things we experience as DADs. We also discuss key fatherhood tips and tricks from our parenting trainings. Food/snacks provided. Bring your dad-friends with you!

[Register here](#)



Monthly Mommy Meet-Up

Date: April 27 - 2:00pm - 3:30pm

Gem City Market, 324 Salem Avenue, Dayton, 45406

Monthly Mommy Meet-Up is an ongoing program aimed at educating and supporting mothers in their efforts to provide a healthy lifestyle for themselves and their families. Each month, the program offers an opportunity for mothers to come together to learn about diverse topics related to moms and babies, such as nutrition, exercise, stress management, and parenting.

The meetups provide a space for mothers to connect with one another, share their experiences, and receive guidance and support from health professionals. The program is a valuable resource for mothers looking to make positive changes in their family's health and well-being. Meet-Up takes place at the Gem City Market on the 4th Thursday of the month.

For more information or to register for upcoming meetings [click here.](#)



Media Opportunities:

3/9/2023 - WDTN - State Overdose Dashboard

3/10/2023 - DDN - Public Health Funding

3/14/2023 - DDN - State Overdose Dashboard

3/16/2023 - WYSO - Food Equity Coalition

3/30/2023 - DATV - Opioid Crisis

3/22/2023 - DDN - Candida Auris

3/22/2023 - WHIO - Candida Auris

3/22/2023 - WHIO - Pertussis

3/23/2023 - WDTN - Candida Auris

3/30/2023 - ABC 22 - Narcan

3/31/2023 - DDN - Air Pollution and Allergies

Submitted by:

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