



Our Mission: To improve the quality of life in our community by achieving the goals of public health: prevention, promotion, and protection.



Montgomery County Overdose Awareness Day

The Community Overdose Action Team invites you to join us for Overdose Awareness Day on Thursday, August 31, from 5:00 pm to 9:00 pm at the Levitt Pavilion in downtown Dayton. The day is dedicated to raising awareness about the devastating impact of drug overdoses and honoring the lives lost to substance abuse. This day serves as a reminder of the tragic consequences of addiction and aims to educate the public, support individuals struggling with substance use, and advocate for effective prevention and treatment measures.

Overdose Awareness Day strives to break the stigma surrounding drug addiction and overdose. By fostering understanding and empathy, the event seeks to promote compassion and support for those affected by addiction.

Attendees will have a chance to learn about the signs of overdose, available treatment options, harm reduction strategies, and how naloxone can be used to reverse opioid overdoses. The evening also provides an opportunity to highlight the importance of early intervention, access to quality healthcare, and the need for comprehensive support systems to address addiction.

The evening will feature a live performance by Dave Hause and the Mermaid on the Levitt Pavilion stage starting at 7:00 pm. By commemorating those who have lost their lives to overdose, promoting prevention and treatment efforts, and supporting individuals on their journey to recovery, this day strives to inspire positive change and reduce the devastating impact of addiction on society.

Overdose Awareness Day is presented by the Community Overdose Action Team, Public Health – Dayton & Montgomery County, and OneFifteen.

Learn more: <https://www.mccoat.org/overdose-awareness-day>



National Immunization Awareness Month (NIAM)

August is National Immunization Awareness Month (NIAM). This annual observance highlights the importance of getting recommended vaccines throughout your life. During NIAM, we encourage you to talk to your doctor, nurse, or healthcare provider to ensure you and your family are protected against serious diseases by getting caught up on routine vaccination.

Parents: As your children head back to school this fall, it's particularly important for you to work with your child's doctor or nurse to make sure they get caught up on missed [well-child visits and recommended vaccines](#). You can also find information on the [American Academy of Pediatrics website](#).

Remember to take care of yourself too! Make sure to receive any vaccines you need to stay healthy. Use CDC's [adult vaccine assessment tool](#) to see which vaccines might be right for you.

To schedule an appointment for immunizations at the [Public Health Clinic](#), located on the 3rd floor of the Reibold building in downtown Dayton, call (937) 225-4550.



ODH Changes the Acceptable Blood Lead Level for Children

Public Health's [Childhood Lead Poisoning Prevention Program](#) partners with the Ohio Healthy Homes and Lead Poisoning Prevention Program (OHLPPP) to provide public education, public health lead investigations, and case management to lead poisoned children from birth through 72 months of age in Montgomery County.

OHLPPP receives all blood lead laboratory reports on Ohio resident children and refers cases of lead poisoned children in Montgomery County to Public Health for lead hazard investigation and case management. The program assists family members, medical care providers and other community members to reduce and prevent lead poisoning.

The Ohio Department of Health (ODH) made recent changes in its Childhood Lead Poisoning Prevention Program. The new lower blood lead reference value of 3.5 µg/dL means that more children could be identified as having lead exposure allowing parents, doctors, public health officials, and communities to act earlier to reduce the child's future exposure to lead.

Additionally, the US Environmental Protection Agency has proposed a reduction in the dust lead levels allowed after lead hazard reduction activities. Current Dust Lead Hazard Standard Levels (DLHS) are as follows: Floors are 10.0 ug/ft², Windowsills are 100ug/ft² and window troughs are 400ug/ft². The proposed DLHS are Floors 3ug/ft². Windowsills 20ug/ft² and window troughs 25ug/ft². It is universally accepted that no level of leaded dust is safe for children to be exposed to. The DLHSL were adopted based on the ability to achieve the level post lead hazard reduction activities. Any reduction in

these levels will further reduce a child's exposure to potential lead dust hazards.

No level of lead in a child's blood is safe, so Public Health will continue to inform and educate parents and guardians about the importance of reducing a child's exposure to lead hazards.



August is Breastfeeding Awareness Month

August is Breastfeeding Awareness Month, and World Breastfeeding Week (WBW) will be celebrated August 1-7 this year. Breastfeeding has many known health benefits for mother and baby and is widely accepted as an effective strategy to promote positive health outcomes for both mothers and their babies.

Research suggests that breastfeeding is a key factor in reducing risk of disease for both mothers and infants, including respiratory illness, ear infections, allergies, and some cancers. A woman's early experience with breastfeeding can affect whether and how long she continues to breastfeed. Providing support at every level can help reduce barriers to breastfeeding.

The American Academy of Pediatrics (AAP) recommends exclusive breastfeeding for approximately 6 months after birth. Furthermore, the AAP supports continued breastfeeding, along with appropriate complementary foods introduced at about 6 months, and for 2 years or beyond if desired by mother and child.

Communities and related programs play a vital role in helping women reach these breastfeeding recommendations by providing education and support at the most crucial times in the perinatal period.

Public Health's [Women, Infants, and Children \(WIC\) Program](#) offers breastfeeding support to Montgomery County families by providing prenatal education as well as appointments with lactation professionals.

For more information about breastfeeding, call Public Health's WIC Program at 937-225-4491



Black Breastfeeding Luncheon

On Saturday August 26, from 11am to 1pm, the Breastfeeding Branch of the EveryOne Reach One Maternal and Infant Vitality Task Force will be hosting a Black Breastfeeding Week Brunch in celebration and support of Black chest/breastfeeding/lactation.

The event will be held at the Northwest Branch of the Dayton Metro Library at 2410 Philadelphia Dr, Dayton, OH 45406 in the community rooms. Brittany Hugue and Rachel St. Bernard of Wright State University's Boonshoft School of Medicine will be presenting on Self-Care and Breastfeeding and Jess

Fecke of Public Health will be presenting on Employee's Rights to Pump at Work.

In addition to a first-come, first-served brunch, vendors from agencies of the Breastfeeding Branch will be in attendance to include: Dayton Children's Hospital, Help Me Grow Brighter Futures, Kettering Health, Five Rivers Health Centers, Black Breastfeeding Coalition of Ohio, Ohio WIC, and the Black infant home visiting program Moms and Babies First.

No pre-registration is required. Free bus passes are available for those who need help traveling to the event by calling Moriah Brown at 937-715-1270. There will be gift cards for the first 25 eligible to arrive and complete on-site registration.

UPCOMING EVENTS IN AUGUST



Monthly Fatherhood Club

Monday, August 28, from 5:30pm - 7pm

Goodwill Easterseals West Campus, 735 E. Main St, Trotwood, 45426

We are building a community of driven, loving, and supportive fathers. We use this time as an open discussion, hitting on all the important things we experience as DADs. We also discuss key fatherhood tips and tricks from our parenting trainings. Food/snacks provided. Bring your dad-friends with you!

[Register here.](#)



Monthly Mommy Meet-Up

Thursday, August 25, from 2:00 pm - 3:30 pm

Gem City Market, 324 Salem Avenue, Dayton, 45406

Join Public Health's Neighborhood Navigators and the Every Parent Matters Team to celebrate the role fathers play during pregnancy and beyond. The session will highlight the Every Parent Matters program, and showcase success stories from previous participants. Attendees will also learn how fathers can receive support in Montgomery County. Mothers and fathers are welcome to attend! Registration is required as seating is limited.

Monthly Mommy Meet-Up is an ongoing program aimed at educating and supporting mothers in their efforts to provide a healthy lifestyle for themselves and their families. Each month, the program offers an opportunity

for mothers to come together to learn about diverse topics related to moms and babies, such as nutrition, exercise, stress management, and parenting.

The meetups provide a space for mothers to connect with one another, share their experiences, and receive guidance and support from health professionals. The program is a valuable resource for mothers looking to make positive changes in their family's health and well-being. Meet-Up takes place at the Gem City Market on the 4th Thursday of the month.

[Register Here.](#)



Safe Sleep Ambassador Training

August 10 from 1pm - 3pm

Online Event – Registration Required (FREE)

Every year, approximately 3600 babies die in the U.S. suddenly and unexpectedly in infancy. Many of these deaths are due to babies being placed in unsafe sleep environments. These tragic losses could have been prevented by caregivers following the ABCs (Alone, On their Back, In a Crib) of safe sleep. To get the safe sleep information out to our communities, we need partners to learn about safe sleep and commit to ensuring the message reaches every part of our community. You can make a difference by becoming a safe sleep ambassador through The EveryOne Reach One Safe Sleep Ambassador Training.

Health experts will explain why babies are dying in our area, define the ABCs of safe sleep, review recommendations by pediatric experts, dispel myths and discuss practical strategies to promote the safe sleep message. [Register here.](#)



Media Opportunities:

7/10/23 – WDTN – Open Burning

7/10/23 – DDN – Air Quality

7/12/23 – WROU – Minority Opioids

7/13/23 – WDAO – Minority Opioids

7/13/23 – WHIO – School Vaccinations

7/18/23 – DDN – COVID Vaccine

7/20/23 – DDN – Mosquitos

7/25/23 – DDN – Heat Safety

7/26/23 – WHIO – Legionella

7/27/23 – WDTN - Heat Safety

7/31/23 – WDTN – Overdoses

7/31/23 – DDN – PFAS

7/31/23 – WHIO – West Nile

MONTGOMERY COUNTY

Overdose Awareness Day

#END OVERDOSE

**THURSDAY
AUGUST 31**

AT THE LEVITT PAVILLION

5:00 - 9:00 PM

134 S. MAIN STREET, DAYTON OH 45402

**FREE CONCERT BY RECOVERING ARTISTS
HARM REDUCTION RESOURCES
PREVENTION & RECOVERY SERVICES
FREE CARNIVAL GAMES & EVENT BAGS
FOOD TRUCKS & MORE!**

**FOR MORE INFORMATION:
WWW.PHDMC.ORG**




**Community Overdose
Action Team**
Working Together to Combat
Overdoses and Drug Abuse



Public Health
Dayton & Montgomery County



**ADAMS
BOARD**
MONTGOMERY COUNTY, OHIO



**one
fifteen**



**International Overdose
Awareness Day**

Submitted by: **Jennifer Wentzel, M.P.H.**, Health Commissioner and **Becky Thomas, MD, MPH, CHES**, Medical Director

