



Public Health
Prevent. Promote. Protect.
Dayton & Montgomery County

PUBLIC HEALTH - DAYTON & MONTGOMERY COUNTY

Monthly Update

NOVEMBER 2025

Public Health Improves Recreation Opportunities at Liberation Park

Provides Funding of \$15,400 for the Installation of Benches and Shade Structure

Public Health has partnered with the City of Dayton to enhance [Liberation Park](#) with the addition of two new benches and a shade structure. This initiative, funded by the Ohio Department of Health through the Creating Healthy Communities Grant, aims to improve park safety and provide a more comfortable, welcoming space for residents.



The new benches and shade structure are strategically located near the park's playground and basketball courts, offering a protected area for families to relax and supervise their kids while enjoying the outdoors. These improvements encourage residents to spend more time outside, which promotes physical activity and social connection.

"This project is a great example of how community feedback can lead to positive change," said Jennifer Wentzel, Health Commissioner, Public Health - Dayton & Montgomery County. "We know that a welcoming park can reduce stress, encourage physical activity, and foster a sense of belonging among neighbors."

Before the project began, Public Health gathered feedback from residents through surveys and community listening sessions. The feedback revealed a strong desire for more seating and shade, especially during the hot summer months. Residents expressed that having these amenities would make them more likely to use the park and playground.

Public Health would like to thank the Ohio Department of Health, the City of Dayton's Public Works, Civil Engineering, Planning and Neighborhoods & Development departments for their collaboration on this project.

Public Health Partners with Preschool Promise to Help Children Be Ready By 5

Public Health is proud to be a participating partner in [Preschool Promise's Be Ready By 5 initiative](#), a community-wide effort to ensure every child in Montgomery County is healthy, supported, and ready to succeed by the time they enter kindergarten.

The Be Ready By 5 program connects families with trusted local organizations that provide essential services for children from birth through age five. As a partner, Public Health contributes expertise and resources in areas such as prenatal health, immunizations, and nutrition, all of which are critical to a child's early growth and long-term success.

"Early childhood is a time of rapid development, and the services we provide can make a lifelong difference," said Requette Lindsay-Eloi, Senior Manager, Maternal and Child Health. "By working with Preschool Promise and other community partners, we're helping families access the tools they need to give their children the healthiest possible start."

Public Health's involvement ensures that health and wellness remain a central part of that support system.

For information on Public Health's early childhood services, visit [Public Health's website](#).



preschool
PROMISE

Because the first 5 years matter

Lead Safe Dayton Coalition



Lead Safe Dayton is a new coalition spearheaded by the City of Dayton's Planning and Neighborhoods & Development Department but is made up of a number of other community organizations. The coalition's kickoff meeting took place on June 3, 2025 and has met monthly to consolidate county and city resources in an effort to reduce lead exposure in children, increase abatement of lead hazards by prioritizing high risk communities, and increase collaboration with local partners to optimize community resources.

Environmental Health's Lead Risk Assessor, Jeff Ringiesn, has been nominated and approved to the coalition's steering committee to help prioritize the coalition's efforts in [reducing lead poisoning and exposure within Dayton and Montgomery County](#). Future coalition meetings will focus on defining short-term and long-term goals allowing the coalition to prioritize its actions in the months to come.

Partners

- Ohio Healthy Homes Network
- County Corp
- Montgomery County's Community Development Office
- Habitat for Humanity of Greater Dayton
- City of Kettering
- Dayton Energy Collaborative
- Caresource
- Miami Valley Community Action Partnership
- City of Dayton's Community Engagement Division
- Advocates for Basic Legal Equality (ABLE)
- Dayton Children's Hospital
- Public Health – Dayton & Montgomery County

Lead can be found throughout a child's environment.



1 Homes built before 1978 (when lead-based paints were banned) probably contain lead-based paint.



When the paint peels and cracks, it makes lead dust. Children can be poisoned when they swallow or breathe in lead dust.



2 Certain water pipes may contain lead.



3 Lead can be found in some products such as toys and toy jewelry.



4 Lead is sometimes in candies imported from other countries or traditional home remedies.



5 Certain jobs and hobbies involve working with lead-based products, like stain glass work, and may cause parents to bring lead into the home.

Voters Pass Montgomery County Human Services Levy



On Tuesday, November 4, 2025, 69% of Montgomery County voters supported a renewal of the Human Services Levy. The Levy does not increase taxes and provides \$58 million of funding for vital services.

Montgomery County's Human Services Levy is a vital part of our community's safety net, ensuring support for those who need it most. Levy funding sustains essential services, including public health programs, child abuse prevention, care for the frail elderly, support for individuals with developmental disabilities, and assistance for those facing addiction or mental health challenges, or unemployment. These local dollars go even further by leveraging millions in state and federal funding, maximizing their impact in our community.

In 2024 [Public Health](#) received \$19.3 million from the Human Services Levy which represented 46% of its annual revenue.

Distribution of funds from the Human Services Levy is managed by the Human Services Levy Council. The Council is a group of business leaders and community volunteers that includes representation from the United Way, municipal leaders, and members of Montgomery County's faith and business communities. The Human Services Levy Council reviews funding and service needs from the five agencies and the other community-based programs that receive the Human Services levy money.



Regulating THC Products in Ohio



The 2018 Federal Farm Bill legalized the sale of hemp products with less than 0.3% Delta-9 THC. Some manufacturers are currently chemically deriving intoxicating cannabinoids such as Delta-8 and Delta-10 THC from the legal hemp based cannabidiol. Since the THC in these “intoxicating products” is derived from hemp and not marijuana, they are not subject to the same rules as licensed cannabis businesses.

As a result, on October 8, 2025, [Governor DeWine issued a 90-day executive order banning intoxicating hemp products](#) due to safety concerns and child-targeted packaging. The order requires:

- 1 Removal of these products from public display
- 2 Prohibition of their sale or promotion
- 3 Segregation and lawful disposal by retailers



The ban applies to anyone manufacturing, selling, or distributing these products in Ohio. Any food or beverage containing more than 0.5 mg of THC per serving or over 2 mg per package is now considered adulterated and illegal to sell outside licensed dispensaries. The order does not affect non-THC cannabinoids or medical/recreational marijuana sales.

Franklin County Common Pleas Court Judge Carl Aveni postponed a preliminary injunction hearing until Dec. 2, agreeing to a request by both parties in the case. The temporary restraining order remains in effect until further notice.

If the ban goes into effect, Public Health's Environmental Health staff will inspect licensed food facilities for compliance. Products not returned or destroyed will be embargoed until the facility meets the order's requirements.

THC-Infused Candies



Legitimate Candies



MIKE DEWINE
GOVERNOR OF OHIO



JON HUSTED
LT. GOVERNOR OF OHIO

ONIC.ohio.gov



**We Are
Hiring**
JOIN OUR TEAM

Help Us Make a Difference

Public Health - Dayton & Montgomery County, is dedicated to public service and committed to quality relationships with one another and the community we serve.

Current Job Openings

Public Health Nurse I
Plumbing Inspector I
Disease Intervention Supervisor
Accounting Services Supervisor
EH Records Technician I
Disease Prevention Specialist
Substance Use Mental Health Counselor
Communicable Disease Clinic Senior Manager
Director Administration
Accounting Specialist
Director Health Services



APPLY NOW



- Health, Dental, and Vision Insurance
- Vacation, Sick, and Personal Leave
- Paid Holidays
- Ohio Public Employees Retirement System
- Eligible for Deferred Compensation Program
- Tuition Assistance, and More!



Public Health - Dayton & Montgomery County is an equal opportunity employer and does not discriminate on the basis of race, color, religion, sex, sexual orientation, gender identity or expression, age, national origin, disability, military status, veteran status, genetic testing, or other unlawful bias.

Public Health's Maternal and Infant Vitality Initiative presents a free event:

Pregnancy & Diabetes

Navigating and Thriving:
Diabetes in the Pregnancy and
Postpartum Journey

- ✓ Learn about gestational diabetes
- ✓ Healthy nutrition tips
- ✓ Have your questions answered
- ✓ Door prizes include:
Free diapers, wipes and
kitchen tools

**Wednesday,
November 19
2:00 - 3:30 pm**
Drew Health Center
1323 W. Third St. Dayton



REGISTER NOW



www.phdmc.org



937-225-5700

10/24/25



Public Health
Prevent. Promote. Protect.
Dayton & Montgomery County



**Department of
Health**

Women, Infants, and
Children Program (WIC)



Take Charge of Tomorrow

NIH National Institute of Diabetes and Digestive and Kidney Diseases

Preventing Diabetes Health Problems

Diabetes is a disease that occurs when your blood glucose, also called blood sugar, is too high. When it's not managed, diabetes can damage the eyes, kidneys, nerves, and heart, and is linked to some types of cancer.

If you have diabetes, taking charge of your health as soon as possible may help you prevent other health problems.

Here are some tips to help you prevent or manage diabetes.



Manage your A1C blood glucose, blood pressure, and cholesterol levels.

Ask your doctor what your goals should be, and stay informed about your A1C level.



Take care of your mental health.

A mental health counselor may help you find healthy ways to cope with stress.



Make lifestyle changes to slowly build healthy habits.

Take small steps to eat healthier, be more physically active, and get enough sleep.



Take your medicines on time, even if you feel healthy.

Talk to your doctor or pharmacist for help if you have trouble managing your medicines.



Work closely with your primary care provider.

They can help you prevent or manage diabetes and refer you to other health care professionals for related health problems.

Visit niddk.nih.gov for more information on preventing diabetes health problems.

healthinfo@niddk.nih.gov [in](#) [X](#) [f](#) [v](#) [@](#) [@niddkgov](#)



LET'S TALK TURKEY

Unsafe handling and under-cooking your holiday bird can cause foodborne illnesses. Here are a few tips from the USDA to keep your Thanksgiving safe and delicious!

Types of turkeys regulated by the USDA:



*For more information about each type of turkey, visit fsis.usda.gov.

3 WAYS TO THAW

While frozen, a turkey is safe indefinitely. As soon as it begins to thaw, bacteria that may have been present before freezing will begin to grow again. Here are three ways to safely thaw your bird:

Refrigerator:

Safe to store the turkey for another 1–2 days in the refrigerator.

This is the USDA recommended thawing method.

How to thaw:

Allow approximately 24 hrs. for every 4–5 lbs of bird.

Cold water:

Cook immediately after thawing.

How to thaw:

Submerge the bird in cold water & change every 30 mins.

Microwave:

Cook immediately after thawing.

How to thaw:

Use defrost function based on weight

For more information on safe thawing methods, visit fsis.usda.gov

DID YOU KNOW?

It's safe to cook a frozen turkey though cooking time will be 50% longer!



Clean



Wash your hands for 20 seconds with soap and warm water.



Utensils
Plates
Countertops
Cutting boards

SHOULD ALSO BE WASHED



Bacteria, which can be present inside and outside a turkey, can't be washed off the bird! Cooking is the only way to destroy this potentially dangerous bacteria.

SO DON'T WASH YOUR TURKEY!!

SEPARATE



Separate raw turkey from fresh food, and use separate cutting boards, plates, and utensils.



Keep dishes that touch raw food separate, too!

Wash items that touch raw meat with soap and warm water.



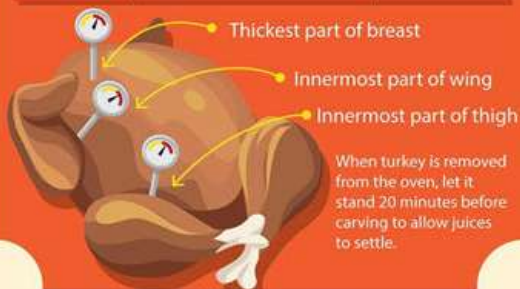
COOK



Your bird is not safe until it reaches 165 °F — you cannot tell by the color.

Remember to ensure any stuffing cooked with the bird reaches 165 °F, too!

Use three places to check the temperature.



Thickest part of breast

Innermost part of wing

Innermost part of thigh

When turkey is removed from the oven, let it stand 20 minutes before carving to allow juices to settle.

CHILL

Take your time around the dinner table, but refrigerate leftovers within 2 hours!



Safe in fridge
3–4 days

Safe frozen,
but use within
2–6 months for
best quality.



Leftover turkey should be cut into smaller pieces, and store items separately in smaller containers.



Be sure to pack leftovers in a cooler if traveling.



Reheat thoroughly to a temperature of 165 °F.

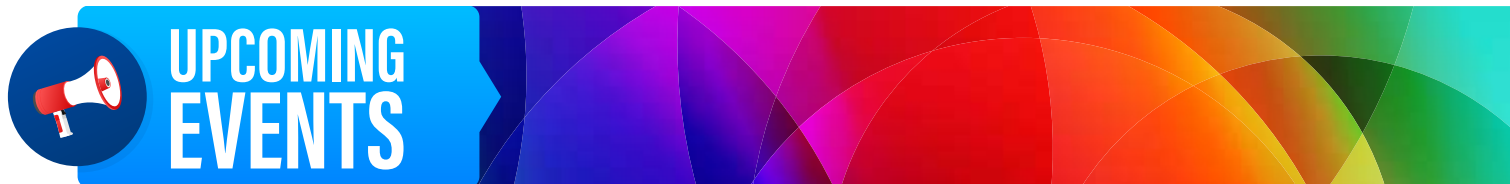
Remember, bacteria that cause foodborne illnesses can't be smelled or tasted!

FOR MORE INFORMATION:

Visit foodsafety.gov

If you have a specific question, call the USDA Meat and Poultry Hotline at 1-888-MPHOTLINE or visit AskKaren.gov. Visit PregunteleKaren.gov for questions in Spanish.





November 2025 Events

Public Health's many programs and services host a variety of community-wide events throughout the year. To register for an event or learn more, call (937) 225-5700 or [click here](#).

NOV 6
THU

Strengthening Families
PARENTING CLASSES
7 WEEK SERIES

RECOVERY SERVICES
Parenting Classes

🕒 11:00 AM - 12:00 PM
📍 Elizabeth Place

NOV 11
TUE

Nourish Your Newborn Classes

MATERNAL AND CHILD HEALTH
Nourish Your Newborn Class

🕒 02:00 PM
📍 Drew Health Center

NOV 12
WED

Nourish Your Newborn Classes

MATERNAL AND CHILD HEALTH
Nourish Your Newborn Class

🕒 02:00 PM - 03:00 PM
📍 Sunrise Center

NOV 13
THU

Strengthening Families
PARENTING CLASSES
7 WEEK SERIES

RECOVERY SERVICES
Parenting Classes

🕒 11:00 AM - 12:00 PM
📍 Elizabeth Place

NOV 13
THU

Ways to Help Avoid Fraud and Scams

🕒 02:00 PM - 03:30 PM
📍 Dayton Metro Library - North...

[REGISTER HERE](#)

NOV 18
TUE

Nourish Your Newborn Classes

MATERNAL AND CHILD HEALTH
Nourish Your Newborn Class

🕒 02:00 PM
📍 Drew Health Center

NOV 19
WED

Person In Charge (PIC) Training

ENVIRONMENTAL HEALTH
Person In Charge (PIC) Certification in Food Protection

🕒 01:00 PM - 04:00 PM
📍 Reibold Building - Environme...

[CALL TO REGISTER \(937\) 225-4460](#)

NOV 19
WED

Pregnancy & Diabetes

esday, nber 19
3:30 pm
100 center
via 56 Dayton

MATERNAL AND CHILD HEALTH
Thriving: Diabetes in the Pregnancy and Postpartum Journey

🕒 02:00 PM - 03:00 PM
📍 Drew Health Center

[REGISTER HERE](#)

NOV 19
WED

Nourish Your Newborn Classes

MATERNAL AND CHILD HEALTH
Nourish Your Newborn Class

🕒 02:00 PM
📍 Sunrise Center

NOV 20
THU

Strengthening Families
PARENTING CLASSES
7 WEEK SERIES

RECOVERY SERVICES
Parenting Classes

🕒 11:00 AM - 12:00 PM
📍 Elizabeth Place

NOV 20
THU

BECOME A SAFE SLEEP AMBASSADOR

MATERNAL AND CHILD HEALTH
Safe Sleep Ambassador Training

🕒 01:00 PM - 03:00 PM
📍 Sunrise Center

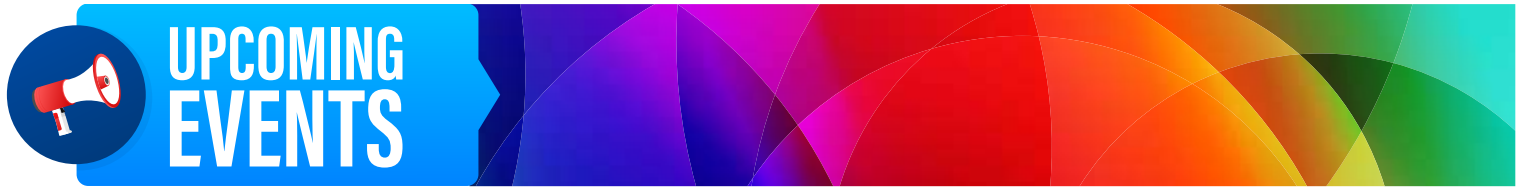
[REGISTER HERE](#)

NOV 20
THU

Pumping 101 Classes

MATERNAL AND CHILD HEALTH
Pumping Class 101

🕒 04:00 PM
📍 Sunrise Center



November 2025 Events

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NOV
20
THU

Public Health's Maternal Child Health Program Presents
Navigating the Seasons of Grief
The Storm

The Storm

- 05:00 PM - 07:30 PM
- Dayton Metro Library - West ...

[REGISTER HERE](#)

NOV
24
MON

Monthly Fatherhood Club

MATERNA AND CHILD HEALTH
Monthly Fatherhood Club

- 05:30 PM - 07:00 PM
- Goodwill Eastseals West Co...

[REGISTER HERE](#)

NOV
27
THU

Strengthening Families
PARENTING CLASSES
7 WEEK SERIES

RECOVERY SERVICES
Parenting Classes

- 11:00 AM - 12:00 PM
- Elizabeth Place

**Check Out
Our Events!**



November 2025 Media

Date	News Source	Topic
10/1/25	ABC 22	Government Shutdown
10/2/25	WDTN	Overdose Prevention Tools
10/17/25	Spectrum News	Measles
10/24/25	DDN	WIC Funding
10/24/25	ABC 22	Drug Take Back day
10/24/25	DDN	Lead Poisoning Prevention Week
10/27/25	WDTN	Lead Poisoning Prevention Week
10/29/25	WDTN	Stroke Awareness

Submitted by:

Jennifer Wentzel, MPH, *Health Commissioner* and **Becky Thomas**, MD, MPH, CHES, *Medical Director*

