COVID-19 Holiday Safety Tips

During this holiday season, Public Health urges you to stay safe. Public Health recommends you do not host or attend large parties or gatherings.

**Lower Risk Activities**

- **Having a small dinner** with only people who live in your household
- **Having a virtual dinner** and sharing recipes with friends and family
- **Preparing traditional family recipes for family and neighbors**, especially those at higher risk of severe illness from COVID-19, and delivering in a way that limits contact with others
- **Shopping online**

**Moderate Risk Activities**

- **Having a small outdoor dinner** with family and friends who live in your community
- **Attending a small outdoor sports event** with safety precautions in place
- **Hosting cookouts** Lower your risk by following CDC’s recommendations on hosting gatherings or cook-outs.
- **Wash your hands thoroughly** or use hand sanitizer after touching shared holiday decorations

**Avoid These High Risk Activities to Help Prevent The Spread of COVID-19**

- **Shop Alone** and limit trips to stores to less busy times.
- **Attending large indoor gatherings** with people from outside of your household
- **Participating or being a spectator at a crowded event or activity**
- **Using alcohol or drugs** can cloud judgement and increase risky behaviors

**Don’t forget to**

- Wear a mask
- Keep Your Distance

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