

COVID-19 Resources for School Nurses

Ohio Department of Health

- State COVID-19 Website: <https://coronavirus.ohio.gov/wps/portal/gov/covid-19/home>
- State COVID-19 Helpline: 1-833-4ASKODH (1-833-427-5634).
- COVID-19 Health and Prevention Guidance for Ohio K-12 Schools: <https://coronavirus.ohio.gov/static/responsible/schools/K-12-Schools-Guidance.pdf>
- Printable Guidelines Posters:
 - [Clean Surfaces Poster](#)
 - [Cover Page Poster](#)
 - [Face Coverings Poster](#)
 - [Social Distance Poster](#)
 - [Symptoms Poster](#)
 - [Wash Hands Poster](#)
- COVID-19 Checklists: <https://coronavirus.ohio.gov/wps/portal/gov/covid-19/checklists>
 - Children and Cloth Face Coverings (Masks): <https://coronavirus.ohio.gov/wps/portal/gov/covid-19/checklists/english-checklists/children-cloth-face-coverings>
 - Cloth Face Coverings (Masks) COVID-19 Checklist: <https://coronavirus.ohio.gov/wps/portal/gov/covid-19/checklists/english-checklists/cloth-face-coverings-covid-19-checklist>
 - COVID-19 Information and Checklist for K-12 Schools: <https://coronavirus.ohio.gov/wps/portal/gov/covid-19/checklists/english-checklists/k-12-schools-covid-19-checklist>
 - For Families with Children/Youth with Special Healthcare Needs: <https://coronavirus.ohio.gov/wps/portal/gov/covid-19/checklists/english-checklists/children-youth-special-healthcare-needs-covid-19-checklist>
 - COVID-19 Checklist for Parents of Teens and Young Adults: <https://coronavirus.ohio.gov/static/Checklists/COVID-19-Checklist-Parents-of-Teens-Young-Adults.pdf>
 - COVID-19 Cleaning and Disinfecting Alternatives: Top 5 Ways To Disinfect When Everyday Supplies Run Out: <https://coronavirus.ohio.gov/wps/portal/gov/covid-19/checklists/english-checklists/cleaning-disinfecting-alternatives-covid-19-checklist>
 - COVID-19 Checklist for Healthcare Providers: <https://coronavirus.ohio.gov/wps/portal/gov/covid-19/checklists/english-checklists/healthcare-providers-covid-19-checklist>
- Ohio Public Health Advisory System: <https://coronavirus.ohio.gov/static/OPHASM/COVID-19-Risk-Level-Guidelines-GP.pdf>
The Public Health Advisory Alert System is a color-coded system using data to assess the degree of the virus' spread n a county-by-county basis and engage and empower individuals, businesses, communities, local governments, and others in their response and actions.

Ohio Department of Education

- Reset and Restart Education: Planning Guide for Ohio Schools and Districts: <http://education.ohio.gov/getattachment/Topics/Reset-and-Restart/Reset-Restart-Guide.pdf>
- Early Learning and School Readiness: A Guide for Restart: <http://education.ohio.gov/Topics/Reset-and-Restart/Early-Learning-and-School-Readiness>
 - [Best Practices Training for Reopening \(video\)](#)

- [Requirements and Best Practices for Health and Safety](#)
- [Use of Room Dividers](#)
- [Transportation Best Practices](#)
- [Ratios and Maximum Class Sizes](#)
- [Use of Portable Sinks](#)
- Ohio Department of Health Printable Guideline Posters: <http://education.ohio.gov/Topics/Reset-and-Restart>
 - Clean Surfaces Poster
 - Cover Page Poster
 - Face Coverings Poster
 - Social Distance Poster
 - Symptoms Poster
 - Wash Hands Poster
- Additional materials available at <http://education.ohio.gov/Topics/Reset-and-Restart>

Ohio Department of Mental Health and Addiction Services

- COVID CareLine: 1-800-720-9616, available 24 hours a day, seven days a week.

Centers for Disease Control and Prevention:

- Toolkit for K-12 Schools. (updated Aug.4, 2020) <https://www.cdc.gov/coronavirus/2019-ncov/communication/toolkits/schools.html>
- Infection Control Guidance for Healthcare Professionals about Coronavirus (COVID-19): <https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control.html>
- Interim Infection Prevention and Control Recommendations for Healthcare Personnel During the Coronavirus Disease 2019 (COVID-19) Pandemic: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/infection-control-recommendations.html#adhere>
- CDC Readiness and Planning Tool to Prevent the Spread of COVID-19 in K-12 Schools: <https://www.cdc.gov/coronavirus/2019-ncov/downloads/community/School-Admin-K12-readiness-and-planning-tool.pdf>
- Considerations for Schools (COVID-19): <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/schools.html>
- Interim Guidance for K-12 Schools: FAQs for Administrators, Teachers, and Parents: <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/schools-faq.html#Administrators>
- Using Personal Protective Equipment (PPE): <https://www.cdc.gov/coronavirus/2019-ncov/hcp/using-ppe.html>
- PPE Posters:
 - [How to Put On and Take Off PPE – Fact Sheet](#)
 - [Facemask Do's and Don'ts](#)
 - [Respirator On / Respirator Off](#)
- Strategies to Optimize the Supply of PPE and Equipment: <https://www.cdc.gov/coronavirus/2019-ncov/hcp/ppe-strategy/index.html>
- Healthcare Respiratory Protection Resources, National Personal Protective Technology Laboratory: <https://www.cdc.gov/niosh/npptl/hospresptoolkit/fittesting.html>
- Use of Cloth Face Coverings to Help Slow the Spread of COVID-19: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>
- Considerations for Wearing Cloth Face Coverings: <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/cloth-face-cover-guidance.html>

World Health Organization

- Infographics on COVID-19 and pregnancy, childbirth, and

breastfeeding: <https://www.who.int/reproductivehealth/publications/emergencies/COVID-19-pregnancy-ipc-breastfeeding-infographics/en/>

U.S. Department of Labor Occupational Health and Safety Administration (OSHA)

- For Healthcare Workers and Employers: <https://www.osha.gov/SLTC/covid-19/healthcare-workers.html>
- Employers of healthcare workers are responsible for following applicable OSHA requirements, including OSHA's Bloodborne Pathogens ([29 CFR 1910.1030](https://www.osha.gov/SLTC/standards/29CFR1910.1030)), Personal Protective Equipment ([29 CFR 1910.132](https://www.osha.gov/SLTC/standards/29CFR1910.132)), and Respiratory Protection ([29 CFR 1910.134](https://www.osha.gov/SLTC/standards/29CFR1910.134)) standards. See the [Standards](#) page for additional information on OSHA requirements.
- Poster: Ten Steps All Workplaces Can Take to Reduce Risk of Exposure to Coronavirus: <https://www.osha.gov/Publications/OSHA3994.pdf>
- Personal Protective Equipment: <https://www.osha.gov/SLTC/personalprotectiveequipment>
- Eye and Face Protection: <https://www.osha.gov/SLTC/etools/eyeandface/glossary.html>

U.S. Food and Drug Administration

- N95 Respirators, Surgical Face Masks and Face Masks: <https://www.fda.gov/medical-devices/personal-protective-equipment-infection-control/n95-respirators-surgical-masks-and-face-masks#s2>
- Certain Filtering Facepiece Respirators from China May Not Provide Adequate Respiratory Protection - Letter to Health Care Providers: <https://www.fda.gov/medical-devices/letters-health-care-providers/certain-filtering-facepiece-respirators-china-may-not-provide-adequate-respiratory-protection-letter>

American Academy of Pediatrics

- COVID-19 Planning Considerations: Guidance for School Re-entry: <https://services.aap.org/en/pages/2019-novel-coronavirus-covid-19-infections/covid-19-planning-considerations-return-to-in-person-education-in-schools/>
- Pediatricians, Educators and Superintendents Urge a Safe Return to School This Fall: <https://services.aap.org/en/news-room/news-releases/aap/2020/pediatricians-educators-and-superintendents-urge-a-safe-return-to-school-this-fall/>
- Tips For Parents About COVID-19: <https://www.healthychildren.org/English/health-issues/conditions/chest-lungs/Pages/2019-Novel-Coronavirus.aspx>
- American Academy of Pediatrics Critical Updates: <https://services.aap.org/en/pages/2019-novel-coronavirus-covid-19-infections/>

National Association of School Nurses

- COVID-19 Resources: <https://www.nasn.org/nasn/nasn-resources/practice-topics/covid19>
- Interim Guidance: Role of the School Nurse in Return to School Planning: https://higherlogicdownload.s3.amazonaws.com/NASN/3870c72d-fff9-4ed7-833f-215de278d256/UploadedImages/PDFs/COVID-19_Interim_Guidance_Role_of_the_School_Nurse_in_Return_to_School_Planning.pdf
- Guidance for Healthcare Personnel on the Use of Personal Protective Equipment (PPE) in Schools During COVID-19: <https://higherlogicdownload.s3.amazonaws.com/NASN/3870c72d-fff9-4ed7-833f-215de278d256/UploadedImages/PDFs/Guidance-for-Healthcare-Personnel-on-PPE-Use-in-Schools.pdf>
- New Infographics:
 - Are Schools Prepared for Another COVID Outbreak: <https://higherlogicdownload.s3.amazonaws.com/NASN/3870c72d-fff9-4ed7-833f-215de278d256/UploadedImages/PDFs/Are-Schools-Ready-to-Re-open.pdf>
 - The Valuable Roles of School Nurses During COVID-19: <https://higherlogicdownload.s3.amazonaws.com/NASN/3870c72d-fff9-4ed7-833f-215de278d256/UploadedImages/PDFs/The-Valuable-Roles-of-School-Nurses-during-COVID-19.pdf>

[215de278d256/UploadedImages/PDFs/School-Nurse-Activities-during-COVID-19.pdf](#)

- Template Letter to School Administration for Inclusion of School Nurses in Planning: [https://higherlogicdownload.s3.amazonaws.com/NASN/3870c72d-fff9-4ed7-833f-215de278d256/UploadedImages/PDFs/COVID-19 Template Letter to School Administration.pdf](https://higherlogicdownload.s3.amazonaws.com/NASN/3870c72d-fff9-4ed7-833f-215de278d256/UploadedImages/PDFs/COVID-19%20Template%20Letter%20to%20School%20Administration.pdf)
- Template Letter to State and Local Leaders for Inclusion of School Nurses in Planning: [https://higherlogicdownload.s3.amazonaws.com/NASN/3870c72d-fff9-4ed7-833f-215de278d256/UploadedImages/PDFs/COVID-19 Template Affiliate Communication to State Local Officials.pdf](https://higherlogicdownload.s3.amazonaws.com/NASN/3870c72d-fff9-4ed7-833f-215de278d256/UploadedImages/PDFs/COVID-19%20Template%20Affiliate%20Communication%20to%20State%20Local%20Officials.pdf)

Journal of the American Medical Association

- Moving Personal Protective Equipment Into the Community: Face Shields and Containment of COVID-19 (JAMA opinion article): <https://jamanetwork.com/journals/jama/fullarticle>

National Institute for Children's Health Quality

- Coronavirus Disease 2019 (COVID-19) Information for Children's Health Advocates: <https://www.nichq.org/news-item/coronavirus-disease-2019-covid-19-information-childrens-health-advocates>

National Association of School Psychologists

- Podcast: Helping Children Cope With Changes Resulting From COVID-19: <https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/helping-children-cope-with-changes-resulting-from-covid-19>

National Council State Boards of Nursing

NCSBN is offering [free online COVID-19 courses](#) for health care professionals. The courses provide new, established and returning nurses with training and resources during the COVID-19 pandemic. Nurses and other healthcare workers are invited to self-enroll through the ICRS Connections Catalog at <https://catalog.icrsncsbn.org>. Enrollment questions should be directed to icrs@ncsbn.org.

- COVID-19 Epidemiology, Modes of Transmission and Protecting Yourself with PP
- COVID-19: Nursing Care
- COVID-19: Basic Law and Ethics for Nurses During COVID-19 (C19)
- COVID-19: Credible Health Information, Hoaxes and the Media

American Nurses Association

- Free Course: COVID-19 Self-Care Package for Nurses: <https://www.nursingworld.org/continuing-education/anas-covid-19-self-care-package-for-nurses>
 - Nursing Ethics: Strategies to Resolve the Top Ethical Dilemmas Nurses Face
 - Moral Resilience
 - Dealing with Fatigue: Strategies for Nurse Leaders
 - Promoting Nurse Self-Care: Emotional and Mental Wellbeing
 - A Nurse's Guide to Preventing Compassion Fatigue, Moral Distress, and Burnout

Asthma and Allergy Foundation of America (AAFA)

- COVID-19 and Asthma Toolkit for Schools: <https://www.aafa.org/managing-asthma-and-covid19-in-school>
The free, downloadable toolkit includes:
 - Easy-to-use daily checklists to ensure protocols are in place to manage asthma and avoid the spread of COVID-19.
 - Recommendations on stocking and administering quick-relief medications, identifying and reducing asthma triggers, and cleaning and disinfecting.
 - Guidance on the use of cloth face coverings, access to handwashing stations, physical distancing, and adjustments

to PE.

- *Comprehensive resources for school administrators, nurses, teachers, and facilities staff.*
- Chart: Is It COVID-19, the Flu, a Cold or Allergies: <https://www.aafa.org/media/2711/respiratory-symptoms-chart-stop-the-spread-of-covid-19-tips-english-spanish.pdf>
- BLOG: What People With Asthma Need to Know About Face Masks and Coverings During the COVID-19 Pandemic: <https://community.aafa.org/blog/what-people-with-asthma-need-to-know-about-face-masks-and-coverings-during-the-covid-19-pandemic>
- *Blog updated weekly:*
 - [*Coronavirus \(COVID-19\): What People With Asthma Need to Know*](#)
 - [*What People With Asthma Need to Know About Face Masks and Coverings During the COVID-19 Pandemic*](#)

For additional information, visit coronavirus.ohio.gov.

For answers to your COVID-19 questions, call 1-833-4-ASK-ODH (1-833-427-5634).

Your mental health is just as important as your physical health. If you or a loved one are experiencing anxiety related to the coronavirus pandemic, help is available 24 hours a day, seven days a week. Call the COVID-19 CareLine at 1-800-720-9616.

CORONAVIRUS DISEASE 2019



Department
of Health

Protect yourself and others from
COVID-19 by taking these precautions.

PREVENTION

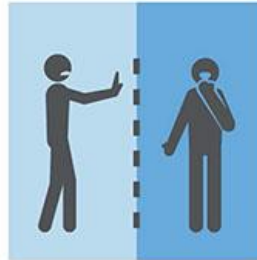
For additional information call 1-833-4-ASK-ODH or visit coronavirus.ohio.gov.



STAY HOME
EXCEPT FOR
WORK AND
OTHER NEEDS



WEAR A FACE
COVERING WHEN
GOING OUT



PRACTICE SOCIAL
DISTANCING OF
AT LEAST 6 FEET
FROM OTHERS



SHOP AT
NON-PEAK
HOURS



WASH HANDS OFTEN
WITH WATER AND SOAP
(20 SECONDS
OR LONGER)



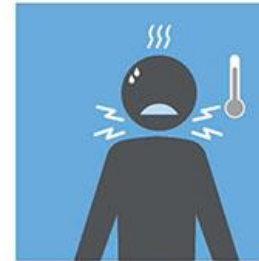
AVOID TOUCHING
YOUR EYES, NOSE,
OR MOUTH WITH
UNWASHED HANDS
OR AFTER
TOUCHING SURFACES



COVER YOUR
MOUTH WITH A
TISSUE OR SLEEVE
WHEN COUGHING
OR SNEEZING



CLEAN AND DISINFECT
"HIGH-TOUCH"
SURFACES OFTEN



DON'T WORK
WHEN SICK



CALL BEFORE
VISITING YOUR
DOCTOR