Promise to Hope
History, Service Overview and Outcomes

Melanie Glover, MD
Program History:

• Birthed out of necessity
  – Team Approach
    • Multidisciplinary & Multi-Agency
  – Changing the culture
    • The disease of addiction
    • Stigma reduction
  – Community Connection
    • Forging relationships with community partners
Program Timeline:

- January 2015: MVH Foundation Gala established initial funding
- May 2015: services began within MVH “soft start”
- August 2015: First full time staff RN hired
- August 2016: Full time Social Worker hired
- July 2019: Sober Living Apartments Opened, in collaboration with ADAMHS and Joshua Recovery Ministries
Our Team:

• Promise to Hope is an interdisciplinary team made up of physicians, a registered nurse and a licensed independent social worker

• We work collaboratively to assess our patients needs and provide them with the best care for a healthy pregnancy, delivery and up through the first year of the infant’s life
PTH Physicians:

Medical Director: Christopher Croom, MD
Melanie Glover, MD
David McKenna, MD
Samantha Wiegand, MD
PTH Care Managers:

Sarah Zinn, MSW-LISW-S  Trish McVey, RN, BSN
Who we serve:

• Pregnant women who are diagnosed with opiate use disorder (OUD)
  – Our hope is to expand to serve pregnant women with *any* substance use disorder in the near future!
How we share hope:

- **Care Coordination**: Connecting our moms to recovery treatment agencies in the community, and staying connected with them as they progress.
- **Case Management**: Assessing for biopsychosocial needs that inhibit recovery and find solutions.
- **Advocacy**: Being an active voice for our patients across the continuum of care.
- **Partnership**: Collaborating with like-minded agencies to help our moms succeed.
- **Education**: Sharing our knowledge and experience with others in the healthcare community.
- **Support**: Providing a weekly safe and sober support group to help our moms learn and grow together.
Credit to MOMS Ohio:
http://momsohio.org/
Our Outcomes:

• Both qualitative and quantitative
• Our greatest outcomes are the lives changed!
• Quantitative outcomes keep funding streams active, show relevancy
Breastfeeding Rate:

In Treatment Mother Chose to Breastfeed %

- 2016
- 2017
- 2018
- Jan-Aug 2019

Premier Health
Miami Valley Hospital
mvh.org
Infant Length of Stay (LOS):
Infant Disposition:

Mom in Recovery at Delivery:

- Adoption
- Brigid’s Path
- Foster Care
- Home with Mom
- Home with Mom and CPS Safety Plan
- Kinship Care
- Other

- In Recovery

Mom in Active Addiction at Delivery:

- Adoption
- Brigid’s Path
- Foster Care
- Home with Mom
- Home with Mom and CPS Care Plan
- Kinship Care
- Other

- In Active Addiction
Barriers: Opportunity for growth

• You are ambassadors for cultural change regarding the disease of addiction
  – Assess the culture of your organizations and partners, take action to create a culture of non-judgmental, trauma-informed care
  – Ongoing multimodal staff education and outreach to the community
  – Establish opportunity for debrief and self-care of staff to prevent compassion fatigue
Case example 1: “Missed Opportunity”

*21 y/o G2P1 : 8 weeks gestation* presents to ED with a chief complaint of intermittent Abd pain and nausea with vomiting

*8 w 1d: Patient seen at Outpatient OB/GYN practice for new OB visit*

*10 weeks gestation: patient presents again to an ED with a chief complaint of lower Abd pain*

*10 weeks 6 days gestation: patient seen at her outpatient OB/GYN practice for routine prenatal care*

*12 weeks gestation: patient seen again at ED with a chief complaint of nausea and vomiting*

*16 weeks 6 days: patient presents to her OB/GYN for routine prenatal visit.*

*20 weeks: patient presents to an ED with the chief complaint of syncopal episode*

*21 weeks 0 days: patient presents to her OB/GYN for routine prenatal care visit.*

*21+2: patient presents to an ED with the chief complaint of diarrhea*

*22 weeks: patient presents to an ED with the chief complaint of toothache*

*24 weeks 5 days, patient presents to her OB/GYN office for routine prenatal visit.*

*27 weeks: patient presents for a blood pressure check at OB/GYN office. *

*27w6d: “PT presented to the ED voluntarily, reported depression and daily meth use for the last month.”*

*At none of these visits did a provider document talking to the patient about drug use. Despite positive urine drug screens on more than one occasion for amphetamine, as well as a well-documented history in the medical record of a history of substance use disorder.*
Case example 2: “Recovery in Action”

29-year-old G2P0010 at 5w3d (pt. reported LMP April 10th)

5/16: Patient had positive home pregnancy test. Went to appointment with local family practice office. Office called Promise to Hope, scheduled for F/U in our prenatal clinic at FRHC.

5/24: Patient presents for initial OB visit at Promise to Hope Clinic. States she has a previous use of IV Heroin and Methamphetamine use. Reports the last time she used was in February (3 months sober at this time.) Stable on Subutex 2mg TID through Recovery Works.

5/31 and onward: PTH had 51 sequential contacts with the patient throughout her pregnancy on phone, in clinic, and in support group! Patient stayed successfully sober for the entirety of her pregnancy.

1/21/19 Patient delivered SVD at 40 weeks and 6 days 😊
Dear [Redacted],

Welcome to the world! I know you're worth everything we went through. I am so thankful for you and your saving me. I am so ready to be the best mom to you and your brother Noah. I am currently 28 weeks pregnant, and you are proving you're stubborn just like your mama! You kick me all the time and bet you'll have a full head of hair with how much headburn I have. I can't wait till you're here and we're all home together. Just know mommy loves you so much and I promise to give you the best life and be the best mom I can be. I love you [Redacted].

My sweet [Redacted],

I am so truly blessed to be able to enjoy my pregnancy. God sent you to us with lots of love, with everyday that goes by your growing into my beautiful sweet angel... I'm so excited to finally meet you, and your sisters and brothers are overjoyed to have another addition to our family. With each passing day I get more and more anxious I have your nursery all set up, and have all the special things that I need to care for you... I keep having over excitement along with emotions because I know how precious you're going to be. I can't wait to see what color hair you're going to have, what color eyes and hair, are you going to look like mama or dada, but it really doesn't matter because God hand chose you for our family, and I want you to know that I love you to infinity beyond and I promise I will be the mom that you need, and will never give up on our family. My saying, your gonna be amazing in every way. Can't wait to meet you.
Promise to Hope