

PARTICIPATION INCENTIVES

Incentives are given at milestones throughout the program for the following:

- Completion of 3 consecutive home visits
- Completion of child birthing classes
- Birth of a child
- Completion of a 6 week post-birth check-up
- Graduation from high school or college
- Completion of vocational training
- Completion of Moms & Babies First program (after child reaches first birthday)



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Public Health
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Dayton & Montgomery County

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MOMS & BABIES FIRST
Ohio's Black Infant Vitality Program



**PROTECTING THE
HEALTH OF
MOTHER AND
CHILD**



HELPING MOTHERS AND BABIES STAY HEALTHY

WHO CAN PARTICIPATE IN THE PROGRAM?

Eligible participants are pregnant women and girls, preferably in the first trimester (first three months) of pregnancy that may be at risk for a poor pregnancy outcome. Examples of poor pregnancy outcomes that could occur include low birth weight babies weighing less than 5.5 pounds, babies being born prematurely before 37 weeks, and babies with seizures or growth delays.



FATHERHOOD DEVELOPMENT

We also offer a fatherhood component to engage the father throughout the pregnancy and beyond.

WHAT DOES THE PROGRAM DO FOR PARTICIPANTS?

Clients are scheduled for home visits throughout every stage of the pregnancy, and remain with their assigned Certified Community Health Worker until the child reaches age one.

Home Visitation includes:

- ✓ Comprehensive screenings and assessments
- ✓ Monitoring client understanding of health education received from clinics, social service agencies, etc.
- ✓ Continuous monitoring of the health status of the expectant mother and newborn
- ✓ Making referrals to various agencies for assistance
- ✓ Reinforcing positive changes in health behaviors

Prenatal Education includes:

- Healthy eating and nutrition
- Pregnancy self-care
- Prenatal trimester education
- Labor and delivery education
- Postpartum education
- Mom and baby care
- Breastfeeding support
- Providing safe sleep environments
- Infant and toddler development
- Parenting skills

WHAT IS MOMS & BABIES FIRST?

Moms & Babies First is a voluntary home-visiting program for eligible pregnant women that promotes black infant vitality by supporting healthy pregnancies and positive birth outcomes by reducing health disparities.

WHAT IS THE GOAL OF THE PROGRAM?

The goal of the Moms & Babies First program is to achieve positive pregnancy outcomes and help ensure children thrive throughout the first year of life.